

Commercial Food Systems Nutritional Information

CFS makes every effort to insure that the nutritional and allergen information provided here is up to date. However, manufacturers do make unannounced ingredient and environmental changes to products that would change both the nutritional and allergen properties of an item. The information is meant to provide assistance to you but can not be guaranteed to be without either unintended or unknown errors.



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800-283-7437

ID	*Listed by Manufacturer, in alphabetical order		Product Line	Size	Case	NSLP	Small Comps	Menu	Peanut Free	Trans Fat Free	Product Contains Whole Grain	Gluten Free	Addit Preser	High Fructose Syrup	Shell (from date of Mfr)	Servin	Ounc	Gram	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Chole sterol (mg)	Sodium (mg)	Total (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Vitamin E RDI %	Calcium RDI %	Iron RDI %			
1	Arctic Fun Juice - 100% Juice																																							
2	17601	Apple Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
3	17609	Blue Raspberry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
4	17620	Cherry	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
5	176191	Clear Berry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
6	176201	Clear Cherry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
7	176041	Clear Fruit Punch Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
8	176211	Clear Mountain Berry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
9	176071	Clear Orange Citrus Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
10	176091	Clear Raspberry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
11	176171	Clear Strawberry Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
12	176121	Clear Watermelon Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
13	17604	Fruit Punch	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
14	17602	Grape Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
15	17612	Green Watermelon	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
16	17607	Orange Citrus Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
17	17616	Orange Pineapple	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
18	17606	Peach Mango Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
19	17614	Strawberry Banana	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
20	17605	Strawberry Kiwi Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
21	17619	Very Berry	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
22	17603	White Grape Juice	1gal.	1		1 F	S	Y	Y	N	Y			Y	4 mo	4oz	4	113	50	0	0	0	0%	0%	0%	0	15	11	0	14	12%	0	10%	100%		0%	0%			
23	Ardmore - 100% Ready to Drink Juice																																							
24	60001	Apple Juice	46oz	12		1 F	S	Y	Y	N	Y			N	Y	4 mo	8oz	8	227	110	0	0	0	0%	0%	0%	0	25	27	0	25	11%	0	0%	100%		0%	0%		
25	60005	Grape Juice	46oz	12		1 F	S	Y	Y	N	Y			N	Y	4 mo	8oz	8	227	150	0	0	0	0%	0%	0%	0	30	37	0	36	16%	1	0%	100%		0%	0%		
26	60000	Orange Juice	46oz	12		1 F	S	Y	Y	N	Y			N	Y	4 mo	8oz	8	227	110	0	0	0	0%	0%	0%	0	30	27	0	23	10%	1	0%	100%		0%	0%		
27	Arizona Tea																																							
28	73049	Arnold Palmer Zero	11.5oz	12			S	Y	Y	N	Y		Y		180 Days	8 oz	11.5	326	0	0	0	0	0%	0%	0%	0	10	1	0	1	0%	0	0%	25%		0%	0%			
29	Azar																																							
30	7289	Carnival Crunch	.75oz	150		1 GB	S		N	N	N	N	WSM	N	Y	9 mo	.75oz	0.75	21	90	2	0	20	22%	3%	0%	0	160	16	1	2	9%	2	0%	0%		2%	6%		
31	7294	Raisins	1oz	150		1 F	S		N	Y	N	Y	MF	N	Y	9 mo	1oz	1	28	90	0	0	0	0%	0%	0%	0	6	22	2	20	71%	1	0%	0%		2%	4%		
32	7291	Sweet Trail Mix	1oz	150		1/2 Pr, 1/3F	S		N	Y	N	Y	MF	Y	Y	9 mo	1oz	1	28	150	8.6	3	80	53%	13%	18%	0	10	13	2	10	35%	4	0%	0%		2%	4%		
33	7290	Tropical Treasures	1oz	150		1 F	S		N	Y	N	Y	MF	Y	Y	9 mo	1oz	1	28	110	4	4	40	36%	6%	33%	0	2	18	1	15	53%	1	0%	0%		2%	2%		
34	Azar Bulk																																							
35	72891	Bulk Carnival Crunch	10lb	1		1 GB	E		N	N	N	N	M	N	Y	9 mo	.75oz	0.75	21	90	2	0	20	22%	3%	0%	0	160	16	1	2	9%	2	0%	0%		2%	6%		
36	Barrel O' Fun																																							
37	20363	1 GB Yellow Mini Rounds	1oz	120		1 1/2 GB	E		Y	Y	Y	Y		Y	Y	90 days	1oz	1	28	130	6	0.5	54	45%	9%	3%	0	110	20	2	0	0%	2	0%	0%		0%	6%		
38	20343	1.5 GB Yellow	1.5oz	80		2 GB	E		Y	Y	Y	Y		Y	Y	90 days	1.5oz	1.5	43	200	8	1	72	50%	12%	5%	0	170	30	3	0	0%	3	0%	0%		0%	6%		
39	21022	2 GB Yellow	2oz	40		2 1/2 GB	E		Y	Y	Y	Y		Y	N	90 days	2oz	2	57	270	14	1.5	130	47%	22%	5%	0	210	38	3	0	0%	4	2%	0%		8%	4%		
40	20300	Bulk Chips, Yellow	16oz	12		1 1/4 GB	E		Y	Y	Y	Y		Y	N	90 days	1oz	1	28	150	7	1	60	45%	11%	8%	0	105	18	2	0	0%	2	0%	2%		2%	2%		
41	20726	Salveo Chddar Jalapeno Cheese Balls	.																																					

*Listed by Manufacturer, in alphabetical order

ID	Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack Compliant or compliant when Revised **	Trans Fat Free	Product Contains Whole Grain	Gluten Free	Additional Allergens Present **	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mfr)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Vitamin E RDI %	Calcium RDI %	Iron RDI %		
90	51210	Spizkerz Ranch	.9oz	300	1 GB								270 days	.9oz	0.9	28	100	4	0.5	25	25%	6%	4%	0	160	16	2	8	28%	2	0%	0%		8%	10%		
91	71000	Appleways Vanilla Wafers	1oz	108	1 GB								1 yr	1oz	1	28	120	4	0.5	35	29%	6%	4%	0	50	21	2	8	28%	2	0%	0%		0%	4%		
92		Darlington - Bulk																																			
93	71520	Appleways Crispy Bites - Blueberry Lemon	1oz	108	1 GB	S	Y	Y	N	MWS	Y	Y	1 yr	1oz	1	28	120	4	0.5	35	29%	6%	4%	0	60	21	2	8	28%	2	0%	0%		0%	4%		
94	71020	Appleways Crispy Bites - Cinnamon	1oz	108	1 GB	S	Y	Y	N	MWS	Y	Y	1 yr	1oz	1	28	120	4	0.5	35	29%	6%	4%	0	70	21	2	8	28%	2	0%	0%		0%	4%		
95	72020	Appleways Vanilla Wafers	1oz	108	1 GB	S	Y	Y	N	MWS	Y	Y	1 yr	1oz	1	28	120	4	0.5	35	29%	6%	4%	0	50	21	2	8	28%	2	0%	0%		0%	4%		
96		Darlington - Holiday Cookies																																			
97	23691	Bunny	.95oz	160	1 GB	S	Y	Y	N	W	N	Y	180 days	.95oz	0.95	27	120	4	1	35	29%	6%	8%	5	50	19	2	6	22%	1							
98	23687	Heart	.95oz	160	1 GB	S	Y	Y	N	W	N	Y	180 days	.95oz	0.95	27	120	4	1	35	29%	6%	8%	5	50	19	2	6	22%	1							
99	23683	Pumpkin	.95oz	160	1 GB	S	Y	Y	N	W	N	Y	180 days	.95oz	0.95	27	120	4	1	35	29%	6%	8%	5	50	19	2	6	22%	1							
100	23688	Shamrock	.95oz	160	1 GB	S	Y	Y	N	W	N	Y	180 days	.95oz	0.95	27	120	4	1	35	29%	6%	8%	5	50	19	2	6	22%	1							
101	23686	Tree	.95oz	160	1 GB	S	Y	Y	N	W	N	Y	180 days	.95oz	0.95	27	120	4	1	35	29%	6%	8%	5	50	19	2	6	22%	1							
102		Dick & Jane Baking Co																																			
103	8803	Smart Cookies - English & Spanish	1oz	120	1 GB	S	Y	Y	N	MWS	Y	Y	6 mo	1oz	1	28	130	4	1	35	27%	6%	7%	0	95	22	1	8	29%	2	0%	0%		0%	10%		
104	8802	Smart Cookies - Presidents	1oz	120	1 GB	S	Y	Y	N	MWS	Y	Y	6 mo	1oz	1	28	130	4	1	35	27%	6%	7%	0	95	22	1	8	29%	2	0%	0%		0%	10%		
105	8801	Smart Cookies - States & Capitals	1oz	120	1 GB	S	Y	Y	N	MWS	Y	Y	6 mo	1oz	1	28	130	4	1	35	27%	6%	7%	0	95	22	1	8	29%	2	0%	0%		0%	10%		
106		Fresh Kids																																			
107	40501	Pretzel Stix Tray	1 oz	200	1 GB	S	Y	Y	N		Y	Y	6 mo	1 oz	1	28	110	1	0	10	9%	2%	0%	0	190	21	2	2	7%	3	0%	0%		0%	4%		
108		Flavor Station Seasonings																																			
109	485	Foothill Farms - Chili Cheese Seasoning	2.6 lb	1		E	Y	Y	N	M	Y	N	365 Days	1 g	0.036	1	5	0	0	0	0%	0%	0%	0	40	1	0	0	0%	0	0%	0%		0%	0%		
110	481	Foothill Farms - Fiesta Line Seasoning	1.9 lb	1		E	Y	Y	N	M	Y	N	365 Days	.8 g	0.025	1	0	0	0	0	0%	0%	0%	0	20	0	0	0	0%	0	0%	0%		0%	0%		
111	484	Foothill Farms - Nacho Cheese Seasoning	2.4 lb	1		E	Y	Y	N	M	Y	N	365 Days	9 g	0.03	1	5	0	0	0	0%	0%	0%	0	35	1	0	0	0%	0	0%	0%		0%	0%		
112	480	Foothill Farms - Ranch Seasoning	2.6 lb	1		E	Y	Y	N	M	Y	N	365 Days	9 g	0.03	1	0	0	0	0	0%	0%	0%	0	30	1	0	0	0%	0	0%	0%		0%	0%		
113	058	Mrs. Dash - Garlic & Herb Seasoning	21 oz	3		E	Y	Y	N	Y	Y	Y	2 yrs	.7 g	0.03	1	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%		
114	017	Mrs. Dash - Original Seasoning	21 oz	3		E	Y	Y	N	Y	Y	Y	2 yrs	.7 g	0.03	1	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%		
115	095	Mrs. Dash - Southwest Chipotle Seasoning	21 oz	3		E	Y	Y	N	Y	Y	Y	2 yrs	.3 g	0.1	3	10	0	0	0	0%	0%	0%	0	2	1	0	0	0%	0	4%	0%		0%	0%		
116	096	Mrs. Dash - Spicy Jalapeno Seasoning	21 oz	3		E	Y	Y	N	Y	Y	Y	2 yrs	.8 g	0.03	1	0	0	0	0	0%	0%	0%	0	1	0	0	0	0%	0	0%	2%		0%	0%		
117		Frito Lay Bulk																																			
118	57766	Bulk Reduced Fat Fritos	16oz	8		E	Y	Y	Y		Y	Y	45 days	1 oz	1	28	140	6	1	60	43%	9%	6%	0	170	20	2	0	7%	2	0%	0%		2%	2%		
119	62399	Bulk Whole Grain Tostitos Rounds	16oz	8		E	Y	Y	Y		Y	Y	45 days	1 oz	1	28	140	6	0.5	50	36%	9%	3%	0	115	20	2	0	7%	2	0%	0%		2%	0%		
120		Frito Lay SS Snacks																																			
121	62933	Baked Whole Grain Cheetos	.875 oz	104	1 1/4 GB	S	Y	Y	N	M	Y	N	45 days	.875oz	0.875	25	120	4.5	1	40	33%	7%	8%	0	200	17	1	1	4%	2	0%	0%		0%	2%		
122	62984	Baked Whole Grain Cheetos Flamin' Hot	.875 oz	104	1 1/4 GB	S	Y	Y	N	M	Y	N	45 days	.875oz	0.875	25	120	4.5	0.5	40	33%	7%	4%	0	200	17	1	1	4%	2	0%	0%		10%	4%		
123	36308	Munchies Kids Mix - Original	.875 oz	104	1 GB	S	N	Y	N		Y	N	45 days	.875oz	0.875	25	100	3	0	30	30%	5%	0%	0	150	17	2	2	8%	3	2%	0%		4%	15%		
124	32078	Baked Lays BBQ	.875 oz	60		S	Y	Y	N	N	Y	Y	45 days	.875oz	0.875	25	110	2.5	0	25	23%	4%	0%	0	170	19	2	2	3	12%	2	2%	2%		0%	0%	
125	33625	Baked Lays Regular	.875 oz	60		S	Y	Y	N	N	Y	Y	45 days	.875oz	0.875	25	100	1.5	0	15	15%	2%	0%	0	115	20	2	2	8%	2	0%	2%		0%	0%		
126	33627	Baked Lays Sour Cream and Onion	.875 oz	60		S	Y	Y	N	N	MS	Y	45 days	.875oz	0.875	25	100	2.5	0	25	25%	4%	0%	0	140	18	1	3	12%	2	0%	2%		0%	0%		
127	56882	Baked Ruffles Cheddar and Sour Cream	.8 oz	60		S	Y	Y	N	N	MS	Y	45 days	.8oz	0.8	23	100	3	0	20	20%	5%	0%	0	200	17	1	2	9%	1	0%	0%		10%	4%		
128	42537	Baked Tostitos Scoops	.875 oz	72	1 1/4 GB	S	Y	Y	Y		Y	Y	45 days	.875oz	0.875	25	110	2.5	0	25	23%	4%	0%	0	125	19	2	0	0%	2	0%	0%		2%	2%		
129	36098	Chili Cheese Fantastix	1 oz	104	1 1/4 GB	S	Y	Y	Y	M	Y	Y	45 days	1oz	1	28	130	5	1	45	35%	8%	7%	0	200	20	2	1	4%	2	10%	0%		0%	4%		
130	32397	Fritos Chili / Cheese	1 oz	104		Y	Y	Y	N	Y	Y	Y	45 days	1oz	1	28	160	10	1.5	90	56%	15%	8%	0	270	15	1	1	4%	2	2%	0%		0%	0%		
131	32405	Fritos Original	1 oz	104		Y	Y	Y	N	Y	Y	Y	45 days	1oz	1	28	160	10	1.5	90	56%	15%	8%	0	160	16	1	0	0%	2	0%	0%		2%	0%		
132	66689	Funyuns	.75 oz	104	1 GB	S	Y	Y	Y	Y	Y	Y	45 days	.75oz	0.75	21	100	3.5	0.5	32	32%	5%	5%	0	125	14	1	1	5%	2	0%	2%		0%	0%		
133	61154	Grandma's WGR Chocolate Chip Cookies	1.22 oz	88		S	N	Y	N	Y	MSW	Y	45 days	1.22oz	1.22	35	160	6	1.5	54	34%	9%	8%	0	160	25	3	11	32%	2	0%	0%		0%	6%		
134	15940	Heartzels - Rold Gold	.7 oz	104	1 GB	S	Y	Y	Y	N	W	Y	45 days	.7oz	0.7	20	80	1.5	0	10	13%	2%	0%	0	200	15	2	0	0%	2	0%	0%		0%	4%		
135	43578	Hot Chili Cheese Fantastix	1 oz	104	1 1/4 GB	S	Y	Y	Y	M	Y	Y	45 days	1oz	1	28	130	5	1	45	35%	8%	7%	0	200	20	2	1	4%	2	10%	0%		0%	4%		
136	21910	Reduced Fat Cheetos Puffs	.7 oz	72	1 GB	S	Y	Y	Y	Y	Y	Y	45 days	.7oz	0.7	20	90	3.5	0	30	33%	5%	0%	0	135	14	0	0	0%	2	0%	0%		10%	4%		
137	21912	Reduced Fat Cheetos Flamin' Hot Puffs	.7 oz	72	1 GB	S	Y	Y	Y	M	Y	Y	45 days	.7oz	0.7	20	90	3.5	0	30	33%	5%	0%	0	135	14	0	0	0%	2	0%	0%		8%	4%		
138	36096	Reduced Fat Doritos - Cool Ranch	1 oz	72	1 1/2 GB	S	Y	Y	Y	N	Y	Y	45 days	1oz	1	28	130	5	1	45	35%	8%	7%	0	160	19	2	1	4%	2	0%	0%		4%	2%		
139	62829	Reduced Fat Doritos - Flamas	1 oz	72	1 1/4 GB	S	Y	Y	Y	N	M	Y	45 days	1oz	1	28	140	6	0.5	45	32%	8%	3%	0	200	20	1	1	4%	2	0%	0%		2%	0%		
140	31748	Reduced Fat Doritos - Nacho Cheese	1 oz	72	1 1/4 GB	S	Y	Y	Y	N	Y	Y	45 days	1oz</																							

ID	#	*Listed by Manufacturer, In alphabetical order	Product Line	Size	Case	NSLP	Smart Compl	Menu	Peanut	Trans	Whole	Guten	Addit Preser	High Fr Syrup	Shelf /from	Servin	Quonoz	Grams	Total	Total	Total (g)	Total Fat	% of Fat (3%)	% of Fat (3%)	% of Fat (3%)	Chole	Sodium	Total (g)	Fiber	Sugar	% Sug (35%)	Protal	Vitam	Vitam	Vitam	Calcil	Iron B
184	0329	Whole Grain Lasagna Dinner Mix (as prepared)	#10	6	2P, 1GB, 1/2 V	E	Y	Y	N	W	Y	Y	12 mo	6oz	6	170	250	11	5	100	40%	17%	18%	45	820	21	2	5	3%	19	20%	10%	20%	15%			
185	5350	Whole Grain Muffin Mix	#10	6	1 GB	S	Y	Y	N	MWE	Y	Y	12 mo	1.5oz	1.5	43	60	0	0	0	0	0%	0%	0%	0	115	15	0	15	35%	0	0%	0%	0%	0%		
186	4220	Whole Grain Santa Fe Pasta	#10	6	2P, 1GB	E	Y	Y	N	WSM	Y	Y	12 mo	3/4 Cup	6	170	280	11	5	100	36%	17%	14%	45	660	23	3	4	2%	22	8%	15%	10%	10%			
187	0327	Whole Grain Tetrazzini	#10	6	2P, 1GB	E	Y	Y	N	WSM	Y	Y	12 mo	7oz	7	198	250	9	4	80	32%	14%	13%	60	370	25	2	2	1%	19	2%	0%	4%	0%			
187		Gatorade Bag-in-Box																																			
188	33005	Lemon-Lime Orange	3gal.	1				Y	Y				10 mo	3 Tbsp	1.5	43	60	0	0	0	0	0%	0%	0%	0	115	15	0	15	35%	0	0%	0%	0%	0%		
189	33006	Orange	3gal.	1				Y	Y				10 mo	3 Tbsp	1.5	43	60	0	0	0	0	0%	0%	0%	0	115	15	0	15	35%	0	0%	0%	0%	0%		
190		General Mills																																			
191	31934	Cheex Mix Hot & Spicy	.92oz	60	1 GB	S	N	Y	N	WMS	Y	Y	248 Days	.92oz	0.92	26	110	3	0.5	25	23%	5%	4%	0	140	19	2	2	8%	2	0%	0%	0%	4%			
192	48341	Cheex Mix Muddy Buddies	1.75oz	60			N	Y	N	PWMS	Y	Y	248 Days	1.75	1.75	50	220	8	4.5	70	32%	12%	18%	0	90	35	1	16	32%	4	0%	0%	2%	2%			
193	12400	Cheex Mix Traditional	1.75oz	60			N	Y	N	WS	Y	Y	248 Days	1.75oz	1.75	50	200	6	1	50	25%	9%	5%	0	370	36	2	3	6%	4	0%	0%	0%	6%			
194	48256	Cinnamon Crisps	1.2oz	120	1 GB	S	N	Y	N	WMS	Y	Y	248 Days	1.2oz	1.2	34	150	5	0.5	45	30%	8%	3%	0	140	25	2	9	26%	3	0%	0%	0%	4%			
195	45576	Cinnamon Toast Crunch Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	W	N	N	248 Days	1.42oz	1.42	40	150	3.5	0.5	30	20%	5%	3%	0	115	30	3	9	22%	2	0%	0%	20%	10%			
196	45577	Cocoa Puffs Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3	0	30	20%	5%	3%	0	100	30	3	9	22%	2	2%	2%	20%	10%			
197	31912	Fruity Cheerios Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3.5	0.5	30	20%	5%	3%	0	95	29	3	9	22%	3	2%	8%	20%	10%			
198	31913	Golden Grahams Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3	0	30	20%	5%	3%	0	140	30	3	9	22%	2	2%	0%	20%	10%			
199	47295	Nature Valley Backpacker - Chocolate Chip	1.24oz	120	1 GB	S	N	Y	N	WEMS	Y	Y	248 Days	1.24oz	1.24	35	150	5	1	50	33%	8%	8%	0	130	24	2	9	26%	2	0%	0%	0%	2%			
200	45976	Oatmeal Bar - Butterscotch	1.24oz	144	1 GB	S	Y	Y	N	WEMS	Y	Y	248 Days	1.24oz	1.24	35	150	5	1	50	33%	8%	8%	0	110	24	2	9	26%	2	0%	0%	0%	4%			
201	45977	Oatmeal Bar - Chocolate Chip	1.24oz	144	1 GB	S	Y	Y	N	WEMS	Y	Y	248 Days	1.24oz	1.24	35	150	4.5	1	40	27%	7%	6%	0	105	24	2	8	23%	2	0%	0%	0%	4%			
202	45566	Oatmeal Bar - Chocolate Chocolate Chip	1.24oz	144	1 GB	S	Y	Y	N	WEMS	Y	Y	248 Days	1.24oz	1.24	35	150	5	1	45	30%	8%	6%	0	115	24	3	9	26%	2	0%	0%	0%	6%			
202	11566	Reduced Sugar Blastin' Berry Hot Colors Fruit Roll Ups	.5oz	96		S	N	Y	N	N		Y	Y	248 Days	.5oz	0.5	14	50	1	0.5	10	20%	2%	9%	0	55	11	2	4	28%	0	0%	25%	0%	0%		
203	11561	Reduced Sugar Colors Fruit Roll Ups	.5oz	96		S	N	Y	N	N		Y	Y	248 Days	.5oz	0.5	14	45	1	0	10	22%	2%	0%	0	55	11	2	4	28%	0	0%	25%	0%	0%		
204	29162	Reduced Sugar Strawberry Fruit Roll Ups	.5oz	96		S	N	Y	N	N		Y	Y	248 Days	.5oz	0.5	14	45	1	0	10	22%	2%	0%	0	55	11	3	4	28%	0	0%	25%	0%	0%		
205	11510	Scoochy Doo Fruit Shapes	.9oz	96		S	N	Y	N	Y		Y	Y	248 Days	.9oz	0.9	26	70	0	0	0	0%	0%	0%	0	30	21	4	8	31%	0	100%	0%	0%	0%		
205	31932	Simply Chex - Cheddar	.92oz	60	1 GB	S	N	Y	N	WMS	Y	Y	248 Days	.92oz	0.92	26	110	2.5	0.5	25	23%	4%	4%	0	135	20	2	4	15%	2	0%	0%	0%	2%			
207	31933	Simply Chex - Chocolate Caramel	.92oz	60	1 GB	S	N	Y	N	WMS	Y	Y	248 Days	.92oz	0.92	26	110	2	0.5	25	23%	4%	4%	0	135	20	2	4	15%	2	0%	0%	0%	2%			
208	31937	Simply Chex - Strawberry Yogurt	1.03oz	60	1 GB	S	Y	Y	N	WMS	Y	Y	248 Days	1.03oz	1.03	29	120	3	1	25	21%	5%	8%	0	55	23	2	6	21%	2	0%	0%	0%	4%			
209	42067	Sweet & Salty Peanut Nut Nature Valley Bar	1.2oz	128			N	Y	N	PWMS	N	N	248 Days	1.2oz	1.2	34	170	8	2.5	80	47%	12%	13%	0	140	20	1	7	21%	4	0%	0%	0%	2%			
210	31914	Team Cherios Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	W	Y	N	248 Days	1.42oz	1.42	40	150	3.5	0.5	30	20%	5%	3%	0	85	30	3	9	22%	2	2%	2%	20%	10%			
211	31915	Trix Cereal Bar	1.42oz	96	1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3.5	0.5	30	20%	5%	3%	0	100	30	2	9	22%	2	2%	2%	25%	10%			
212		General Mills Cereal - Bowl Packs																																			
213	31888	Reduced Sugar Cocoa Puffs	1.06oz	96	1 GB	S	N	Y	Y	N		Y	Y	248 Days	1.06oz	1.06	30	110	2	0	15	14%	3%	0%	0	160	25	2	8	27%	2	10%	10%	10%	25%		
214	31919	Reese's Puffs	1oz	96	1 GB	E	N	Y	Y	N	PW	Y	Y	8 mo	1oz	1	28	120	3	0.5	30	25%	5%	4%	0	160	21	1	10	35%	2	8%	8%	8%	20%		
215		General Mills Cereal - Pouches																																			
216	17733	Cinnamon Toast Crunch	1oz	96	1 GB	S	N	Y	Y	N	WS	Y	Y	6 mo	1oz	1	28	110	3	0.5	25	23%	5%	4%	0	160	22	2	8	28%	1	8%	8%	8%	20%		
217	41572	Fruity Cheerios	.88oz	96	3/4 GB	S	N	Y	N	W	Y	Y	6 mo	.88oz	0.88	25	90	1	0	10	11%	2%	0%	0	120	20	1	8	32%	1	8%	20%	8%	20%			
218	41574	Golden Grahams	1oz	96	1 GB	S	N	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	1	0	10	9%	2%	0%	0	220	24	1	9	32%	1	8%	8%	8%	20%		
219		Good Sauce																																			
220	111212	Whole Grain Butter & Garlic Croutons	.65oz	225	1 GB	S	N	Y	Y	N	PWM	Y	Y	12 mo	.65oz	0.65	18	80	2	0	20	25%	3%	0%	0	135	13	1	1	5%	2	0%	0%	0%	4%		
221	25193	Pretzels - WG	.7 oz	300	1 GB	S	N	Y	Y	N	PWT	Y	Y	12 mo	.7oz	0.7	20	70	0.5	0	5	7%	1%	0%	0	190	16	3	0	0%	2	0%	0%	0%	6%		
222		Gossner Moo Matos Milk																																			
223	950010	Chocolate Fat Free Milk	8oz	27	1 D	S	Y	Y	N	Y	M	Y	Y	6 mo	8oz	8	227	130	0	0	0	0%	0%	0%	5	170	25	1	23	10%	8	10%	0%	30%	25%		
224	950050	Fat Free White Milk	8oz	27	1 D	S	Y	Y	N	Y	M	Y	Y	6 mo	8oz	8	227	80	0	0	0	0%	0%	0%	5	110	11	1	11	5%	8	10%	2%	25%	25%		
225		H&M Brand Salsa																																			
226	98059	Mild Salsa Mix	16oz	21			E	Y	Y	N	Y		N		1/2tsp	1/2	2.4	0	0	0	0	0%	0%	0%	0	50	0	0	0	0%	0	0%	0%	0%	0%		
227		Highland Farms																																			
228	00127	Honey Pepper Beef Stick - Single	.5oz	216	1/2 P	S	Y	Y	N	Y		Y	N	7 mo	.5oz	0.5	14	30	1	0	10	0%	2%	0%	0	100	1	0	1	7%	4	0%	0%	0%	2%		
229	00210	Honey Pepper Beef Sticks - 2 ct	1oz	108	1 P	S	Y	Y	N	Y		Y	N	7 mo	1oz	1	28	60	2	0.5	20	0%	3%	0%	0	200	3	0	2	7%	8	0%	0%	0%	6%		
230	00128	Honey Pepper Turkey Stick - Single	.6oz	216	1/2 P	S	Y	Y	N	Y		Y	N	7 mo	.6oz	0.6	17	30	1	0	10	0%	2%	0%	0	105	2	0	1	6%	4	0%	0%	0%	2%		
231	00211	Honey Pepper Turkey Sticks - 2 ct	1.2oz	108	1 P	S	Y	Y	N	Y		Y	N	7 mo	1.2oz	1.2	34	70	1.5	0	15	0%	2%	0%	25	200	6	0	4	12%	8	0%	0%	4%	4%		
232		I'M Healthy																																			
233	80010	SoyNut Butter	1.12 oz	144	1 P	S	Y	Y	N	Y	S	Y	Y	12 mo	1.12 oz	1.12	32	190	14	2.5	120	63%	22%	12%	0	100	10	3	3	9%	7	0%	0%	6%	2%		
234		Indiv Summer																																			
235	9119	Cinnamon Applesauce	4.5oz	96	1 F	S	Y	Y	N	Y		N	N	24 mo	4.5oz	4.5	128	50	0	0	0	0%	0%	0%	0	15	13	1	11	9%	0	0%	100%	0%	0%		
236	9116	Plain Applesauce	4.5oz	96	1 F	S	Y	Y	N	Y		N	N	24 mo	4.5oz	4.5	128	50	0	0	0	0%	0%	0%	0	15	13	1	11	9%	0	0%	100%	0%	0%		
237	9118	Strawberry Applesauce	4.5oz	96	1 F	S	Y	Y	N	Y		N	N	24 mo	4.5oz	4.5	128	50	0	0	0	0%	0%	0%	0	15	13	1	11	9%	0	0%	100%	0%	0%		
238		Jif Peanut Butter To Go																																			
239	24114	Peanut Butter To Go	1.5oz	36		1 1/3 P	E	N	Y	Y	P	Y	Y	9 mo	1.5oz	1.5	43	250	22	3.5	180	72%	34%	13%	0	180	11	3	4	9%	9	2%	6%		15%	2%	
240		Juice Alive																																			
241	11001	Blue Raspberry	1/2 gal	6	1 F	S	Y	Y	N	Y			Y	12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0									

*Listed by Manufacturer, in alphabetical order

COMMERCIAL FOOD SYSTEMS, INC. 2210 Enterprise Park Dr Indianapolis, IN 46218 317-926-4237 800-283-7437																																					
*Listed by Manufacturer, in alphabetical order																																					
ID	Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack Compliant or Menu Item ***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free*	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mfr)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Salt Fat (30%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Vitamin E RDI %	Calcium RDI %	Iron RDI %	
367	13820	Large Bowl Cinnamon Toasters	2oz	48	2 GB	E	N	Y	N	WS	Y	Y	10 mo	2.0oz	2	57	250	7	1	60	24%	11%	4%	0	270	46	2	19	34%	2	15%	15%	15%	90%			
368	00955	Large Bowl Frosted Flakes	2oz	48	2 GB	E	Y	N	N	WS	Y	Y	12 mo	2.0oz	2	57	110	1	0	0	0	2%	0%	0	320	50	1	22	39%	3	25%	45%	0%	45%			
369	06893	Large Bowl Frosted Mini Spooners	2oz	48	2 GB	S	Y	Y	Y	N	W	Y	12 mo	2oz	2	57	200	1	0	10	5%	2%	0%	0	10	46	6	11	19%	5	0%	0%	0%	90%			
370	03759	Large Bowl Honey Graham Toasters	2oz	48	2 GB	E	Y	N	Y	N	WS	Y	Y	10 mo	2.0oz	2	56	240	6	0.5	50	21%	9%	2%	0	500	48	2	18	32%	2	20%	20%	20%	90%		
371	0576	Large Bowl Honey Scooter's	2oz	48	2 GB	E	Y	N	Y	N	W	Y	Y	10 mo	2.0oz	2	57	200	3	0	20	10%	5%	0%	0	400	46	3	19	34%	4	20%	20%	20%	80%		
372	05940	Large Bowl Marshmallow Matleys	2oz	48	2 GB	E	Y	N	N	N	W	Y	Y	9 mo	2.0oz	2	58	220	2	0	30	9%	3%	0%	0	380	43	2	24	43%	4	20%	20%	20%	100%		
373	00954	Large Bowl Tootle Fruitles	1.5oz	48	1 1/2 GB	E	Y	N	N	WS	Y	Y	12 mo	1.5oz	1.5	42	170	1.5	0	10	6%	2%	0%	0	200	37	1	19	45%	2	10%	10%	10%	80%			
374	23792	Large Bowl Strawberry Crème Mini Spooners	2oz	48	2 GB	E	Y	Y	Y	N	WS	Y	Y	9 mo	2oz	2	57	210	1	0	10	5%	2%	0%	0	0	47	5	11	19%	5	0%	0%	0%	90%		
MexiLink																																					
376	28805	Tajin Clasico Low Sodium Seasoning	.035 oz	1000		E	Y	N						18 mo	.035oz	0.035	1	2	0	0	0	0%	0%	0%	0	127	0	0	0	0%	0	0%	9%	0%	0%	0%	0%
MJM																																					
378	7401	All Sports Bites Grahams	1oz	150	1 GB	S	Y	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	3.5	0	30	27%	5%	0%	0	95	20	2	7	25%	2	6%	6%	2%	10%		
379	7439	Apple Cinnamon Bear Grahams	1oz	300																																	

ID	Item #	*Listed by Manufacturer, in alphabetical order		Product Line	Size	Case	NSLP	Smart Compl	Menu	Peanut	Trans	Produce	Whole	Gluten	Additi	Preser	High F	Syrup	Ketone	Shelf (from	Servin	Quon	Grams	Total	Total	Total (g)	% of Fat (3%)	% of Fat (3%)	% of Fat (3%)	% of Fat (3%)	Chole	Sodium	Total (g)	Fiber	Sugar	% Sug (35%)	Protein	Vitamin	Vitamin	Vitamin	Calcium	Iron
457	247297	Whole Earth BBQ Pops			88 oz	200	1 GB	S	Y	Y	Y	Y					Y	Y	180 Days	.88oz	0.88	25	100	3	0.5	30	30%	5%	5%	0	190	17	1	3	12%	1	2%	2%		0%	2%	
458	240183	Whole Earth Cheesy Cheese Puffs			78 oz	200	1 GB	S	Y	Y	Y	Y	M				Y	Y	180 Days	.78oz	0.78	22	90	3	0.5	25	28%	5%	5%	0	200	15	1	0	0%	1	0%	0%		0%	4%	
459	240184	Whole Earth Jalapeno Puffs			78 oz	200	1 GB	S	Y	Y	Y	Y	M				Y	Y	180 Days	.78oz	0.78	22	90	3	0.5	25	28%	5%	5%	0	200	15	1	0	0%	1	0%	0%		0%	4%	
460	274296	Whole Earth Ranch Waves			78 oz	200	1 GB	S	Y	Y	Y	N	WM				Y	Y	180 Days	.78oz	0.78	22	100	3	0.5	25	25%	5%	5%	0	140	14	2	2	9%	2	0%	0%		2%	4%	
461	Sparkling Ice																																									
462	95211	Black Cherry			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
463	91030	Black Raspberry			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
464	95084	Cherry Limeade			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
465	94033	Coconut Pineapple			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
466	95268	Grape Raspberry			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
467	95034	Half & Half			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
467	91032	Kiwi Strawberry			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
468	91035	Lemonade			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
469	91031	Orange Mango			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
470	94034	Peach Nectarine			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%		0%	0%	
471	95135	Peach Tea			17oz	12		S	Y	Y	N	Y					Y	Y	12 mo																							

2210 Enterprise Park Dr
Indianapolis, IN 46218
317-926-4237
800-283-7437

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10/18/2024					COMMERCIAL FOOD SYSTEMS, INC.		2210 Enterprise Park Dr Indianapolis, IN 46218		317-926-4237 800-283-7437																															
					*Listed by Manufacturer, in alphabetical order																																			
ID	Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack Compliant or compliant when Revised **	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mfr)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Vitamin E RDI %	Calcium RDI %	Iron RDI %				
550	14491	Fruit Snacks - Island Fruits	1.5oz	144		Y	Y	Y	N	Y		Y	N	9 mo	1.5oz	1.5	43	130	0	0	0	0%	0%	0%	0	15	32	3	15	35%	2	25%	100%	25%	0%	0%				
551	14498	Fruit Snacks - Mixed Fruit	1.5oz	144		Y	Y	Y	N	Y		Y	N	9 mo	1.5oz	1.5	43	130	0	0	0	0%	0%	0%	0	15	32	3	15	35%	2	25%	100%	25%	0%	0%				
552	14496	Fruit Snacks - Strawberry	1.5oz	144		Y	Y	Y	N	Y		Y	N	9 mo	1.5oz	1.5	43	130	0	0	0	0%	0%	0%	0	15	32	3	15	35%	2	25%	100%	25%	0%	0%				
553	72393	Mini Fruit Snacks - Berries n' Cherries	.9oz	250		Y	Y	N	Y			Y	N	9 mo	.9oz	0.9	26	70	0	0	0	0%	0%	0%	0	13	15	0	13	51%	1	25%	100%		0%	0%				
554	72392	Mini Fruit Snacks - Mixed Fruit	.9oz	250		Y	Y	N	Y			Y	N	9 mo	.9oz	0.9	26	70	0	0	0	0%	0%	0%	0	13	15	0	13	51%	1	25%	100%		0%	0%				
555	7233	Fruit Snacks - Berries n' Cherries	2.25oz	48		Y	Y	N	Y			Y	N	9 mo	2.25oz	2.25	64	195	0	0	0	0%	0%	0%	0	45	46.5	0	28.5	45%	1.5	38%	100%		0%	0%				
556	7232	Fruit Snacks - Mixed Fruit	2.25oz	48		Y	Y	N	Y			Y	N	9 mo	2.25oz	2.25	64	165	0	0	0	0%	0%	0%	0	15	40.5	0	30	47%	1.5	38%	100%		0%	0%				
557	Welch's - Cool Tropics																																							
558	14502	Concord Berry	4oz	60	1/2 F	S	Y	N	Y			Y	N	9 mo	4oz	4	113	90	0	0	0	0%	0%	0%	0	15	21	0	16	14%	0	0%	100%		2%	0%				
559	14501	Grape Concord	4oz	60	1/2 F	S	Y	N	Y			Y	N	9 mo	4oz	4	113	90	0	0	0	0%	0%	0%	0	15	23	0	17	15%	1	0%	100%		2%	0%				
560	14504	White Grape Cherry	4oz	60	1/2 F	S	Y	N	Y			Y	N	9 mo	4oz	4	113	90	0	0	0	0%	0%	0%	0	25	23	0	17	15%	0	0%	100%		2%	0%				
561	14503	White Grape Peach	4oz	60	1/2 F	S	Y	N	Y			Y	N	9 mo	4oz	4	113	90	0	0	0	0%	0%	0%	0	20	23	0	17	15%	0	0%	100%		2%	0%				
559	Zee Zee's Hummus																																							
560	295161	Original Hummus	3oz	120	1 Pr	S	Y	N	N			Y	N	12 mo	3oz	3	85	120	3.5	0	30	25%	5%	0%	0	90	18	5	3	4%	5	0%	0%		4%	10%				
561	154161	Red Pepper Hummus	3oz	120	1 Pr	S	Y	N	N			Y	N	12 mo	3oz	3	85	120	3	0	30	25%	5%	0%	0	70	17	4	4	5%	5	8%	25%		4%	10%				
562	Yoo-Hoo																																							
563	28097	Yoo-Hoo - Chocolate	11.5oz	24			Y	Y	N	Y	MS		Y	12 mo	11oz	11	312	170	1.5	0	15	9%	2%	0%	0	240	36	0	32	10%	2	10%	10%		15%	8%				
564																																								

* Product contains a Whole Grain product as one of its ingredients
**Additional Allergen Key: P=Peanut, T=Tree Nuts, M=Milk, E=Egg, W=Wheat, S=Soy, F=Fish, SF=Shellfish, Mf=Manufactured and packed in facility with additional allergens see package and/or call manufacturer

Indiana Code
IC 20-26-9-19

Food and beverage items sold to students; nutritional values

Sec. 19. (a) This section does not apply to a food or beverage item that is:

- (1) part of a school lunch program or school breakfast program;
- (2) sold in an area that is not accessible to students;
- (3) sold after normal school hours; or
- (4) sold or distributed as part of a fundraiser conducted by students, teachers, school groups, or parent groups, if the food or beverage is not intended for student consumption during the school day.

However, this section applies to a food or beverage item that is sold in the a la carte line of a school cafeteria and is not part of the federal school lunch program or federal school breakfast program.

(b) A vending machine at an elementary school that dispenses food or beverage items may not be accessible to students.

(c) At least fifty percent (50%) of the food items available for sale at a school or on school grounds must qualify as better choice foods and at least fifty percent (50%) of the beverage items available for sale at a school or on school grounds must qualify as better choice beverages. Food and beverage items are subject to the following for purposes of this subsector

(1) The following do not qualify as better choice beverages:

- (A) Soft drinks, punch, iced tea, and coffee.
- (B) Fruit or vegetable based drinks that contain less than fifty percent (50%) real fruit or vegetable juice or that contain additional caloric sweeteners.
- (C) Except for low fat and fat free chocolate milk, drinks that contain caffeine.

(2) The following qualify as better choice beverages:

- (A) Fruit or vegetable based drinks that:
 - (i) contain at least fifty percent (50%) real fruit or vegetable juice; and
 - (ii) do not contain additional caloric sweeteners.
- (B) Water and seltzer water that do not contain additional caloric sweeteners.
- (C) Low fat and fat free milk, including chocolate milk, soy milk, rice milk, and other similar dairy and nondairy calcium fortified milks.
- (D) Isotonic beverages.

(3) Food items that meet all the following standards are considered better choice foods:

- (A) Not more than thirty percent (30%) of their total calories are from fat.
- (B) Not more than ten percent (10%) of their total calories are from saturated and trans fat.
- (C) Not more than thirty-five percent (35%) of their weight is from sugars that do not occur naturally in fruits, vegetables, or dairy products.

(d) A food item available for sale at a school or on school grounds may not exceed the following portion limits if the food item contains more than two hundred ten (210) calories:

- (1) In the case of potato chips, crackers, popcorn, cereal, trail mixes, nuts, seeds, dried fruit, and jerky, one and seventy-five hundredths (1.75) ounces.
- (2) In the case of cookies and cereal bars, two (2) ounces.
- (3) In the case of bakery items, including pastries, muffins, and donuts, three (3) ounces.
- (4) In the case of frozen desserts, including ice cream, three (3) fluid ounces.
- (5) In the case of nonfrozen yogurt, eight (8) ounces.
- (6) In the case of entree items and side dish items, including French fries and onion rings, the food item available for sale may not exceed the portion of the same entree item or side dish item that is served as part of the school lunch program or school breakfast program.

(e) A beverage item available for sale at a school or on school grounds may not exceed twenty (20) ounces.

% DV - 2000 cal	
Total Fat	65 g
Sat Fat	20 g
Choles	300 mg
Sodium	2400 mg
Total Carb	300 g
Fiber	25 g
Folate	0.4 mg
Vitamin A	0.6 mg
Vitamin C	60 mg
Iron	15 mg
Calcium	1000 mg

Calories per gram	
Fat	9
Carb	4
Protein	4

1 ounce = 28.35 grams