



KARLIN FOODS
CORP
Always Something Cookin'.

Confidential

DATE ISSUED: 7/12/17
REVISION DATE: _____

S40C2 Fast Mac – NON PHO 2.15oz. (61g)

Nutrition Facts	
1 servings	
Serving size	1 Pouch (61g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 610mg	27%
Total Carbohydrate 40g	15%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes <1g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 356mg	25%
Iron 2mg	10%
Potassium 358mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: ENRICHED MACARONI (DURUM FLOUR, GLYCERYL MONOSTEARATE, SALT, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEY (FROM MILK), PALM OIL, WHEY PROTEIN CONCENTRATE (FROM MILK), CORN SYRUP SOLIDS, SALT, CALCIUM CARBONATE, MODIFIED CORNSTARCH, GUAR GUM, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTER (CREAM, SALT), CITRIC ACID, NATURAL FLAVORS, NONFAT DRY MILK, TURMERIC EXTRACT (COLOR), PAPRIKA EXTRACT (COLOR), ANNATTO EXTRACT (COLOR)

CONTAINS: MILK, WHEAT

Instructions

MICROWAVE INSTRUCTIONS

1. Empty macaroni side of pouch into a 2-cup microwave-safe bowl. Add 2/3-cup water.
2. Microwave, uncovered, on HIGH 3½ to 4 minutes until macaroni is tender. Remove from microwave (*do not drain*).
3. Stir in cheese sauce and mix well. Sauce will thicken upon standing.

CAUTION: BOWL WILL BE HOT.

Because microwaves cook differently, times are approximate.



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Allergens & Sensitivities

Allergen/Sensitivity	In Product		In Facility	
	Yes	No	Yes	No
Dairy/Dairy Derivatives	X		X	
Eggs		X	X	
Soy/Soy Derivatives*		X	X	
Wheat	X		X	
Peanuts		X	X	
Tree Nuts		X	X**	
Fish		X	X***	
Shellfish		X	X****	
MSG		X	X	
Gluten (wheat/rye/barley/oats)	X		X	

* Hydrogenated soybean oil is considered to be a non-allergen due to the absence of the protein associated with allergic reactions.

** Almonds, Cashews, Coconut, Pecans and Walnuts

*** Anchovies, Perch, Whitefish and Trout

**** Clams

Approved

QA
V KLEMM