

Gage Whole Grain Lasagna

Gage Whole Grain Lasagna Dinner Mix includes whole wheat mini malfalda noodles and a hearty romano, garlic, and onion herb sauce mix.



Basic Recipe

- 1 Gage Whole Grain Lasagna Dinner Mix Kit
- 2.5 5 lbs Cooked and Drained Ground Beef
- 2.5 qts Boiling Water
- 25 oz Tomato Paste
- 2 lbs Reduced Fat Mozzarella Cheese

1. In a full size steam table pan, combine ground beef, and tomato paste. Then add pasta and seasoning mix from the kit.
2. Carefully add boiling water and stir to mix.
3. Cover pan tightly with foil and bake in a preheated 425° oven for 35 minutes.
4. Remove from oven and stir gently. Evenly sprinkle the cheese over the top and return to oven for 10 minutes or until cheese is melted.

Yield: 35 - 3/4 cup (6 oz) servings
Note: 210 servings per case

Meal Components Met Per Serving:
2 oz Meat, 1 Bread, 1/4 cup Vegetable

Nutrition Facts

	G0329 Whole Grain Lasagna as Packaged		Gage Whole Grain Lasagna, As Prepared with Ground Beef, Tomato Paste, and Mozzarella Cheese	
Serving Size	(22g)		3/4 cup (6 oz) (171g)	
Servings Per Container			34.45	
Amount Per Serving				
Calories	70		250	
Calories from Fat	5		100	
	% Daily Value*		% Daily Value*	
Total Fat	0g	0%	11g	17%
Saturated Fat	0g	0%	5g	25%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	45mg	15%
Sodium	430mg	18%	820mg	34%
Total Carbohydrate	16g	5%	21g	7%
Dietary Fiber	2g	8%	2g	8%
Sugars	3g		5g	
Protein	2g		19g	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				
Vitamin A	8%		20%	
Vitamin C	4%		10%	
Calcium	2%		20%	
Iron	6%		15%	



Ordering Information:
Item Code: G0329
Pack Size: 6 Dinner Kits
Servings per Case: 210

Call 800.323.0233 or visit us at www.gagefoods.com to place your order!