



TACO TUBS



WHOLE GRAIN RICH EQUIVALENCY for School Programs

Every Tub meets Whole Grains 1 oz
equivalency for Group B – Tostada
Bowls/Tubs

Each Taco Tub meets the requirements for 1
Whole Grain Ounce.

- “Fast Food” Appeal to students – keeps them on campus
- All Natural, No Preservatives
- Gluten Free
- No Sodium
- No Trans Fats
- Heat 3 minutes @ 350° - in stacks - NO FRYING
- 12 months shelf life / good for 24 hours after baking
- Menu Versatility – use for breakfast, lunch, snacks & dips
– just add proteins, legumes or salads
- Great “vehicle” for using your Commodity products
- Unique 3 x 5 shape designed to fit school trays
- Low cost, low labor, easy prep /use in Satellites and
warmers
- Item #RR01011 - 200 count (8 x 25) Pallet/60**



INGREDIENTS: Whole Grain Corn Masa Flour, Vegetable Oil (may contain one or more of the following, High Oleic Safflower and/or Mid Oleic Sunflower) navy bean flour and a trace of lime

Nutrition Facts			
Serving Size 1 bowl (22g)			
Servings Per Container 200			
Amount Per Serving			
Calories	110	Calories from Fat	50
% Daily Value*			
Total Fat	6g		8%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	0mg		0%
Total Carbohydrate	13g		4%
Dietary Fiber	2g		8%
Sugars	0g		
Protein	2g		
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	2%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
	*		*
		Protein	4