



A puffed, reduced sugar whole grain corn-based chocolate-flavored cereal in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. CACFP eligible.



Product Information:

PRODUCT CODE:	31888000
UPC:	16000318885
GTIN:	10016000318882
UNIT SIZE:	1.063
CASE COUNT:	96
ATTRIBUTES:	No Artificial Flavors 1 oz. Eq. Grain Zero Trans Fat No Colors from Artificial Sources Whole Grain No Gelatin No High Fructose Corn Syrup

Ingredients & Allergens

Whole Grain Corn, Sugar, Rice Flour, Corn Syrup, Cocoa Processed With Alkali, Color (caramel color and annatto extract), Canola and/or Sunflower Oil, Salt, Baking Soda, Natural Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

MAY CONTAIN WHEAT INGREDIENTS.

Nutrition Facts

Serving Size	1 bowl (30g)		100 g (100g)
	As Packaged		As Packaged
Calories	120		384
	% DV		
Total Fat	2g	2%	5g
Saturated Fat	0g	-	1g
Trans Fat	0g		0g
Cholesterol	0mg	-	0mg
Sodium	125mg	5%	417mg
Total Carbohydrate	25g	9%	83g
Dietary Fiber	2g	7%	6g
Total Sugars	6g	-	21g
Incl. Added Sugars	6g	12%	20g
Protein	2g		7g
Vitamin D	3µg	15%	10µg
Calcium	110mg	8%	360mg
Iron	3mg	15%	10mg
Potassium	100mg	2%	347mg
Vitamin A	-	8%	250µg
Vitamin C	-	8%	25mg
Thiamin	-	15%	1mg
Riboflavin	-	8%	0mg
Niacin	-	8%	7mg
Vitamin B6	-	15%	1mg
Folate	-	15%	222µg
Folic Acid	35µg	-	117µg
Vitamin B12	-	15%	1µg
Zinc	-	15%	6mg
Water	-	-	1g
Ash	-	-	4g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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