



Smart Snacks Product Calculator Results

Brand:
Kellogg's

Product Name:
**Reduced Sugar Multigrain
Frosted Flakes - Bowl Pack**

Serving Size:
28.35 g

First Ingredient:
Whole Grain Wheat

• Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 1 oz (about 28.35 g) ⓘ

Amount Per Serving

Calories 100

Calories from Fat 0

Total Fat (g) 0

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 160

Carbohydrates

Sugars (g) 7

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

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FOUNDED BY:

