



Smart Snacks  
Product Calculator  
Results

Brand:  
Kellogg's

Product Name:  
Cinnamon Pop Tart - Single

Serving Size:  
50.00 g

First Ingredient:  
Whole What Flour

• Your whole grain product meets all  
nutrient standards.

Nutrition Facts

Serving Size 50.00 g ⓘ

Amount Per Serving

Calories 180                      Calories from Fat 25

Total Fat (g) 2.5

Saturated Fat (g) 1

Trans Fat (g) 0

Sodium (mg) 190

Carbohydrates

Sugars (g) 15

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

