



Product Name	Apple Jacks for Schools
Flavor Descriptor	
NLI Description	SSB
Brand	KELLOGG'S

Date Created	05-24-16
NLI #	13029
Kosher Status	K
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving	1
USDA Ounce Equivalents of Meat/Meat Alternate	
Whole Grains (g/serving)	11
Produced with Genetic Engineering.	

Serving Size	1 Container	
Serving Size g	28	
Serving Size oz		
Amount Per Serving	Cereal	
Calories	110	
Calories from Fat	10	
		% Daily Value*
		% Daily Value*
Total Fat	1 g	2 %
Saturated Fat	0.5 g	3 %
Trans Fat	0 g	
Polyunsaturated Fat		
Monounsaturated Fat		
Cholesterol	0 mg	0 %
Sodium	160 mg	7 %
Potassium		
Total Carbohydrate	24 g	8 %
Dietary Fiber	3 g	10 %
Soluble Fiber		
Insoluble Fiber		
Sugars	8 g	
Sugar Alcohol		
Other Carbohydrate		
Protein	2 g	
Vitamin A		10 %
Vitamin C		25 %
Calcium		0 %
Iron		25 %
Vitamin D		10 %
Vitamin E		
Vitamin K		
Thiamin		25 %
Riboflavin		25 %
Niacin		25 %
Vitamin B6		25 %
Folic Acid		25 %
Vitamin B12		25 %
Biotin		
Pantothenic Acid		
Phosphorus		
Iodine		
Magnesium		
Zinc		10 %
Selenium		
Copper		
Manganese		
Chromium		
Molybdenum		

Ingredients:
INGREDIENTS: CORN FLOUR BLEND (WHOLE GRAIN YELLOW CORN FLOUR, DEGERMINATED YELLOW CORN FLOUR), SUGAR, WHEAT FLOUR, WHOLE GRAIN OAT FLOUR, OAT FIBER, CONTAINS 2% OR LESS OF VEGETABLE OIL (HYDROGENATED COCONUT, SOYBEAN AND/OR COTTONSEED, CANOLA), SOLUBLE CORN FIBER, SALT, DEGERMINATED YELLOW CORN FLOUR, APPLE JUICE CONCENTRATE, MODIFIED CORN STARCH, DRIED APPLES, CORNSTARCH, CINNAMON, YELLOW 6, NATURAL FLAVOR, BAKING SODA, TURMERIC EXTRACT COLOR, BLUE 1, RED 40.
VITAMINS AND MINERALS: VITAMIN C (SODIUM ASCORBATE AND ASCORBIC ACID), NIACINAMIDE, REDUCED IRON, ZINC OXIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN A PALMITATE, VITAMIN B1 (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN B12, VITAMIN D3.

ALLERGEN INFORMATION:
 CONTAINS WHEAT INGREDIENTS.
 CORN USED IN THIS PRODUCT MAY CONTAIN TRACES OF SOYBEANS.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Product information can change at any time.
 Always refer to product package for current nutrition and ingredient information.

Julia M. Jursinic, MS
 Sr. Director, Nutrition Labeling & Regulatory Compliance
 Kellogg Company

Nutrient Contents Per 100g			
Calories	380	Vitamin D	143 IU
Calories from fat	37	Vitamin E	0 IU
Total Fat	4.1 g	Vitamin K	NA mcg
Saturated Fat	2.0 g	Thiamin	1 mg
Polyunsaturated Fat	1.2 g	Riboflavin	2 mg
Monounsaturated Fat	0.7 g	Niacin	18 mg
Trans Fat	0.0 g	Vitamin B6	2 mg
Cholesterol	0 mg	Folic Acid	357 mcg
Sodium	587 mg	Vitamin B12	5 mcg
Potassium	155 mg	Biotin	NA mcg
Total Carbohydrate	86.5 g	Pantothenic Acid	NA mg
Dietary Fiber	9.1 g	Phosphorus	70 mg
Soluble Fiber	2.2 g	Iodine	NA mcg
Insoluble Fiber	6.9 g	Magnesium	33 mg
Sugars	28.6 g	Zinc	5 mg
Sugar Alcohols	NA g	Selenium	NA mcg
Protein	6.2 g	Copper	NA mg
Vitamin A	1786.0 IU	Manganese	NA mg
Vitamin C	54.0 mg	Chromium	NA mcg
Calcium	16.5 mg	Molybdenum	NA mcg
Iron	16.1 mg	Moisture	3 %
NA = values do not exist or are incomplete.		Ash	1 %

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 38000 78787 4	Case		96
000 38000 92634 1	Carton	1oz (28g)	1
000 38000 78791 1	Case		