



**Smart Snacks
Product Calculator
Results**

Brand:
Kellogg's

Product Name:
Nutir-Grain Bar - Blueberry

Serving Size:
44.00 g

First Ingredient:
Whole Grain Oats

• Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 44.00 g ⓘ

Amount Per Serving

Calories 160

Calories from Fat 35

Total Fat (g) 4

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 135

Carbohydrates

Sugars (g) 15

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

