



Smart Snacks
Product Calculator
Results

Brand:
Malt O Meal

Product Name:
Toasty O's - Small Bowl

Serving Size:
24.95 g

First Ingredient:
Whole Grain Oat Flour

• Your whole grain product meets all
nutrient standards.

Nutrition Facts

Serving Size 0.88 oz (about 24.95 g) ⓘ

Amount Per Serving

Calories 100 Calories from Fat 15

Total Fat (g) 1.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 120

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

