



# *Shelf Stable Soft Pretzels*

*No freezer required!*

## **PretzelHaus Bakery Pretzels**

*How to make the perfect PretzelHaus Pretzel*

- 1:** *Leave pretzel in package, open one end.*
- 2:** *Heat in microwave for 30 seconds.*
- 3:** *Spritz with butter or water.*
- 4:** *Invert into salt pan.*
- 5:** *Put in box and place in warmer.*





PRODUCT DESCRIPTION	PACK/SIZE	PRODUCT CODE	CASE WEIGHT	CASE CUBE	PALLET	SHELF LIFE
Plain	50/6 oz.	U2050	21lbs	1.24	6x9=54	12 months
Plain with Bakery Box	50/6 oz.	P2050	21lbs	1.24	6x9=54	12 months
Plain	10/6 oz.	U2400	5.1lbs	0.4272	12x10=240 (double stackable)	12 months
Salted	50/6 oz.	U3050	21lbs	1.24	6x9=54	12 months
Salted with Bakery Box	50/6 oz.	P3050	21lbs	1.24	6x9=54	12 months
Salted	10/6 oz.	U3400	5.1lbs	0.4272	12x10=240 (double stackable)	12 months
Cinnamon Sugar	50/6 oz.	U4050	21lbs	1.24	6x9=54	12 months
Cinnamon Sugar with Bakery Box	50/6 oz.	P4050	21lbs	1.24	6x9=54	12 months
Cinnamon Sugar	10/6 oz.	U4400	5.1lbs	0.4272	12x10=240 (double stackable)	12 months
Icing Cup	U9250	1.5 oz	96/1.5 oz.	0.55	7x10=70	12 months

#### PLAIN

### Nutrition Facts

Serving Size 1 Pretzel (6oz/107g)

#### Amount Per Serving

**Calories** 465 Calories from Fat 60

% Daily Value\*

**Total Fat** 7g **10%**

Saturated Fat 1g **7%**

Trans Fat 0.5g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 413mg **17%**

**Total Carbohydrate** 85g **28%**

Dietary Fiber 3g **13%**

Sugars 1g

**Protein** 15g **29%**

Vitamin A 0% • Vitamin C 0%

Calcium 1.8% • Iron 28.5%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Shortening (Palm Oil), Enzyme (Calcium Sulfate, Wheat Flour, Soybean Oil), Yeast (Yeast, Sorbitan, Monostearate, Ascorbic Acid), Salt, Corn Syrup, Calcium Propionate, Hydrogenated Cottonseed Oil, Cellulose Fiber.

**CONTAINS: WHEAT.**



#### SALTED

### Nutrition Facts

Serving Size 1 Pretzel (6oz/107g)

#### Amount Per Serving

**Calories** 465 Calories from Fat 60

% Daily Value\*

**Total Fat** 7g **10%**

Saturated Fat 1g **7%**

Trans Fat 0g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 495mg **21%**

**Total Carbohydrate** 85g **28%**

Dietary Fiber 3g **13%**

Sugars 1g

**Protein** 15g **29%**

Vitamin A 0% • Vitamin C 0%

Calcium 1.8% • Iron 28.5%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Shortening (Palm Oil), Enzyme (Calcium Sulfate, Wheat Flour, Soybean Oil), Yeast (Yeast, Sorbitan, Monostearate, Ascorbic Acid), Salt, Corn Syrup, Calcium Propionate, Hydrogenated Cottonseed Oil, Cellulose Fiber.

**CONTAINS: WHEAT.**



#### CINNAMON SUGAR

### Nutrition Facts

Serving Size 1 Pretzel (6oz/107g)

#### Amount Per Serving

**Calories** 464 Calories from Fat 58

% Daily Value\*

**Total Fat** 6g **10%**

Saturated Fat 1g **6%**

Trans Fat 0g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 413mg **17%**

**Total Carbohydrate** 85g **28%**

Dietary Fiber 4g **16%**

Sugars 1g

**Protein** 15g **29%**

Vitamin A 0% • Vitamin C 0%

Calcium 2.9% • Iron 28.7%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Shortening (Palm Oil), Enzyme (Calcium Sulfate, Wheat Flour, Soybean Oil), Yeast (Yeast, Sorbitan, Monostearate, Ascorbic Acid), Salt, Corn Syrup, Cinnamon Mix (Natural and Artificial Cinnamon Flavor), Calcium Propionate, Sucralose.

**CONTAINS: WHEAT.**



#### ICING CUP

### Nutrition Facts

Serving Size 1 Container (57g)

#### Amount Per Serving

**Calories** 200 Calories from Fat 40

% Daily Value\*

**Total Fat** 4.5g **7%**

Saturated Fat 1g **5%**

Trans Fat 0.5g **0%**

**Cholesterol** 0mg **0%**

**Sodium** 60mg **3%**

**Total Carbohydrate** 40g **13%**

Dietary Fiber 0g **0%**

Sugars 36g

**Protein** 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Powdered Sugar (Sugar, Corn Starch), Water, Icing Base (Maltodextrin, Dextrose, Agar, Partially Hydrogenated Soybean Oil, Salt, Guar Gum and Monoglycerides), Shortening (Partially Hydrogenated Soybean and Cottonseed Oils With Mono and Diglycerides Added), Refined Soybean Oil, Dehydrated Cream (Cream, Nonfat Milk, Dipotassium Phosphate), Emulsifier Blend (Mono and Diglycerides, Hydrogenated Palm Oil, Ascorbic Acid, Citric Acid), Salt, Natural Flavor, Natural and Artificial Meringue Flavor (Propylene Glycol, Water, Natural and Artificial Flavor), Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Coloring (Titanium Dioxide, Purified Water, Xanthan Gum, Methyl Paraben, Propyl Paraben), Citric Acid.

**CONTAINS: MILK.**

