



**Baked Ruffles® Cheddar & Sour Cream Ridged Potato Crisps  
.8 oz. (22.7 g.)**

<b>Nutrition Facts</b>	
1 Serving per container	
<b>Servings Size</b>	<b>1 package</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
Total Fat 2.5g	%Daily Value* 3%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1.5 g	
Monounsaturated Fat 0.5 g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10 mg	0%
Iron 0.2g	0%
Potassium 180mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.	

**Ingredients:**

Dried Potatoes, Corn Starch, Corn Oil, Sugar, Maltodextrin (Made From Corn), Salt, Soy Lecithin, Dextrose, Whey, Whey Protein Concentrate, Onion Powder, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Monosodium Glutamate, Blue Cheese (Milk, Cheese Cultures, Salt, Enzymes), Citric Acid, Artificial Color (Yellow 6 Lake, Yellow 5 Lake, Yellow 5, Yellow 6), Skim Milk, Natural and Artificial Flavors, Garlic Powder, Lactic Acid, Disodium Inosinate, and Disodium Guanylate.

**CONTAINS MILK AND SOY INGREDIENTS.**

Case UPC	000-28400-56882-1
Bag UPC	0-28400-44549-8
Case Pack	60/.8 oz. bags
Kosher Status	Not Kosher
USDA Smart Snack Compliant	Yes, Vegetable first ingredient
Grain Equivalents	0
Weight of Grain	0
Document Updated	8/17

I verify this information is accurate as of 8/29/17.

*Jan Ruegg*  
Jan Ruegg  
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Nutrition Science

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Plano, TX 75024-4099



All products are accurately labeled with the most current information however, since the ingredients are subject to change, we recommend you check the label on the specific product for the most current and accurate information.



## Smart Snacks Product Calculator Results

Brand:  
**Baked Ruffles**

Product Name:  
**Cheddar & Sour Cream Potato Crisps**

Serving Size:  
**22.68 g**

First Ingredient:  
**dried potatoes**

Your vegetable product meets all nutrient standards for entrees or snack foods.

## Nutrition Facts

Serving Size 0.8 oz (about 22.68 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 100 Calories from Fat NA

**Total Fat (g) 2.5**

Saturated Fat (g) 0

Trans Fat (g) 0

**Sodium (mg) 200**

**Carbohydrates**

Sugars (g) 2

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*

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