

Smart Snacks Product Calculator Results

Brand:
Frito Lay

Product Name:
**Whole Grain Oven Baked
Cheetos - Flamin' Hot**

Serving Size:
24.81 g

First Ingredient:
Whole Corn Meal

Your whole grain product meets all
nutrient standards.

Nutrition Facts

Serving Size 0.875 oz (about 24.81 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 120 **Calories from Fat** 40

Total Fat (g) 4.5

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Sugars (g) 1

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

