

# Appleways

## 1.2 oz. Simply Wholesome Strawberry Soft Oatmeal Bars

### Product Description

Appleways Simply Wholesome Strawberry Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz Strawberry Soft Oatmeal Bars meet or exceed the USDA nutritional requirements for a one (1) ounce grain equivalent.

### Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, invert syrup, corn syrup, palm oil, canola oil, applesauce (apples, ascorbic acid), eggs, strawberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], malic acid, natural flavor, caramel color, fruits and vegetables for color, tricalcium phosphate, sodium citrate, soy lecithin), raisin paste, palm kernel oil, natural flavors, nonfat dry milk, salt, molasses, soy lecithin, baking soda, sodium ascorbate (Vitamin C). **CONTAINS: WHEAT, SOY, EGGS, MILK**

**\*Appleways 1.2 oz. Strawberry Soft Oatmeal Bars meet the USDA nutritional requirements to be a one (1) grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

**\*Certified Kosher by Orthodox Union**

**\*Produced in a Nut-Free Bakery**

Nutrition Facts	
Serving Size 1 Bar (1.2 oz)	
Servings Per Container	
Amount Per Serving	
<b>Calories</b> 140	Calories from Fat 40
% Daily Value*	
<b>Total Fat</b> 4.5g	<b>7%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 10g	
<b>Protein</b> 2g	
Vitamin A 0%	Vitamin C 10%
Calcium 0%	Iron 6%
Thiamin 4%	Riboflavin 2%
Niacin 2%	Vitamin B6 0%
Folic Acid 6%	Vitamin B12 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



### Packaging Information

<b>Product Description</b>	<b>1.2 oz. Strawberry Bars</b>
<b>Case Code</b>	<b>70400</b>
<b>UPC Code</b>	<b>675825704008</b>
<b>GTIN</b>	<b>00-675825-704008</b>
<b>Case Pack</b>	<b>216</b>
<b>Case Dimensions</b>	<b>19" x 15 7/8" x 7 1/4"</b>
<b>Ship Weight</b>	<b>18.0 lbs.</b>
<b>Case Cube</b>	<b>1.2650</b>
<b>Pallet Layer</b>	<b>6</b>
<b>Full Pallets</b>	<b>48 cases</b>
<b>Pallet Weight</b>	<b>904 lbs.</b>

This product has been reviewed and approved by our food scientist and product development specialist:

Justin M. Miller CEC CPC

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.