

Smart Snacks
Product Calculator Results

Brand:
Good Source

Product Name:
Whole Grain Pretzel Stix

Serving Size:
20.00 g

First Ingredient:
Whole Wheat Flour

Your whole grain product meets all
nutrient standards.

Nutrition Facts

Serving Size 20.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 70

Calories from Fat 5

Total Fat (g) 0.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 190

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

