Product #71500

Appleways

1 oz. Blueberry Lemon Crispy Bites

Product Description

Looking for a snack without all the unnecessary extras? Appleways Simply Wholesome Crispy Bites have a light crunch that appeals to all ages. Our Bites contain 8 grams of whole grains, natural flavors, and no preservatives, making them the healthy, delicious, affordable, any time of the day snack. These cookies have a 270-day shelf life in dry storage.

Ingredient Listing

Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, blueberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), soy lecithin, natural flavor (contains milk), soluble corn fiber, applesauce (apples, ascorbic acid), salt, baking soda. **CONTAINS WHEAT, SOY and MILK**

***Appleways 1.0 oz. Blueberry Lemon Crispy Bites meet the USDA nutritional requirements to be a one (1) ounce grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**
***Produced in a Nut-Free Bakery**

Nutrition Facts

Serving Size 1.0 oz (28g)
Servings Per Container Appprox. 108

Amount Per Serving	
Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 60mg	**3%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 2g	**8%**
Sugars 8g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 4%	
Thiamin 2%	•	Riboflavin 0%	
Niacin 2%	•	Vitamin B6 0%	
Folic Acid 4%	•	Vitamin B12 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN 8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

Packaging Information

Product Description	**Blueberry Lemon Crispy Bites**
Case Code	**71500**
UPC Code	**675825715004**
GTIN	**00-675825-715004**
Case Pack	**108 IW Bags**
Case Dimensions	**19" x 15 7/8" x 7 1/4"**
Ship Weight	**8.0 lbs.**
Case Cube	**1.27**
Pallet Layer	**6**
Full Pallets	**54 cases**
Pallet Weight	**472 lbs.**

This product has been reviewed and approved by our food scientist and product development specialist:
Justin M. Miller CEC CPC

Justin Miller CEC, CPC

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.

Revised: 5.3.2016

Case Label

DARLINGTON
BLUEBERRY LEMON BITES
APPLEWAYS

Approx.6.75 lbs
Product No.71500
Net Weight 6.75 LBS. (3.1 KG.)

WHOLE GRAIN
Big or more per serving

00675825715004

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APPLEWAYS BLUEBERRY LEMON BITES

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