

Kellogg's® Pop-Tarts® Made With Whole Grain Frosted Blueberry

Product Type
Grab 'N Go Pop-Tarts

Product Category

UPC Code
3800017199

Servings/Case
72 ct

Sizes
3.52 oz

Format
Single Serve

Gross Weight
18.12

Allergen Information
CONTAINS WHEAT AND SOY INGREDIENTS.

Dietary Exchange Per Serving

Kosher Status
Not Certified

Grain Ounce Equivalents
2.25

Shelf Life
365 days (12 months)

Country of Origin
Distributed in USA



Date Printed: 04/25/2018

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Nutrition Facts	
Serving Size 1 Pouch (100g)	
Amount Per Serving	
Calories 360	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 360mg	15%
Total Carbohydrate 76g	25%
Dietary Fiber 6g	22%
Sugars 30g	
Protein 4g	
Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%	
Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B6 20%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	2,000
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), BLEACHED WHEAT FLOUR, POLYDEXTROSE, GLYCERIN, FRUCTOSE, CONTAINS TWO PERCENT OR LESS OF WHEAT STARCH, DRIED BLUEBERRIES, DRIED GRAPES, DRIED APPLES, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SODIUM STEAROYL LACTYLATE, MODIFIED WHEAT STARCH, CITRIC ACID, DATEM, GELATIN, YELLOW CORN FLOUR, PALM OIL, XANTHAN GUM, CARAMEL COLOR, CORNSTARCH, TURMERIC EXTRACT COLOR, SOY LECITHIN, RED 40, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, NATURAL AND ARTIFICIAL FLAVORS, BLUE 2, BLUE 1, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), COLOR ADDED.	
CONTAINS WHEAT AND SOY INGREDIENTS.	

NLI#14168