

Product Information



FOODSERVICE

Frosted Shredded Wheat - small bowl pack

Post Frosted Shredded Wheat Bowl Pack	FA-1 BP	Lightly frosted shredded wheat biscuits. 6g sugar per 1 oz grain. Contains 8 essential vitamins and minerals. No artificial flavors or certified synthetic colors.
Pack & Size	96 / 1 oz	Meets K12 1 oz Equivalent Grain All Family Favorite Only 6g Sugar Whole Grain Wheat 1st Ingredient Smart Snack Qualified 1 bowl = 1 oz equivalent grain No Artificial Flavors No Certified Synthetic Colors No BHT No High Fructose No Nuts
Case	27177	
Case GTIN	1 08 84912 27177 5	
Shipping Weight (lbs.)	8.67	
Case Cube (cu. ft.)	1.79	
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38	
Pallet: Tier (Cases per layer)	9	
Pallet: Hi (Number of Layers)	3	
Cases per pallet	27	
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat	
Allergens Present	Wheat	
Country of Origin	USA	

Actual Bowl Pack Lid pictured below

Nutrition Facts

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.5g	1%	Potassium 100mg	3%
Saturated Fat 0g	0%	Total Carbohydrate 23g	8%
Trans Fat 0g	0%	Dietary Fiber 3g	12%
Cholesterol 0mg	0%	Sugars 6g	
Sodium 0mg	0%	Protein 3g	

Serving Size 1 bowl (28g)
Calories 100
Calories from Fat 5

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Whole Grain Wheat, Sugar, Gelatin, Freshness Preserved with Vitamin E (mixed tocopherols).
Vitamins & Minerals: Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid, Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12.

Contains Wheat. 1 BOWL = 1 OZ EQUIVALENT GRAIN

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1-800-431-7678 or visit us on the web at PostConsumerBrands.com

6g sugar per serving

100% WHOLE GRAIN
22g or more PER SERVING
75% OF THE GRAIN IS WHOLE GRAIN

NET WT 1 OZ (28g)

oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	✓
≤ 150 calories	✓
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
Smart Snack Qualified	✓
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0mg
Total Carbs	23g
Dietary Fiber	3g
Sugar	6g
Protein	3g

27270 1703 FA-1 BP

