



Cinnamon Chex is made with real cinnamon and sweetened rice cereal. This ready-to-eat cup provides convenient single serve portion control and room for milk. Whole Grain Rice – first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria, Gluten-Free and is CACFP eligible.



Product Information:

PRODUCT CODE:	14883000
UPC:	16000148833
GTIN:	10016000148830
UNIT SIZE:	2
CASE COUNT:	60
ATTRIBUTES:	Kosher No Artificial Flavors Zero Trans Fat No Colors from Artificial Sources 2 oz. Eq. Grain Whole Grain No Gelatin Smart Snacks Compliant No High Fructose Corn Syrup Gluten Free

Ingredients & Allergens

Ingredients: Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Does Not Contain Declaration Obligatory Allergens

Nutrition Facts

Serving Size	1 container (56g) (56g)1 cup (40g) (40g)						(162g)	(100g)	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. * Nutritional information is subject to change. See product label to verify ingredients and allergens. * Nutritional information is subject to change. See product label to verify ingredients and allergens.
↔									
Calories	As Packaged		Cinnamon Chexwith 1/2 cup skim milkAs Packaged						
		230		170		210		417	
		% DV		% DV		% DV			
Total Fat	5g	7%	4g	5%	4g	5%	9g		
Saturated Fat	0g	3%	0g	-	0g	-	1g		
Trans Fat	0g		0g		0g		0g		
Polyunsaturated	1g		1g		1g		2g		
Monounsaturated	3g		2g		2g		6g		
Cholesterol	0mg	-	0mg	-	5mg	1%	0mg		
Sodium	340mg	15%	250mg	11%	300mg	13%	618mg		
Total Carbohydrate	46g	17%	33g	12%	39g	14%	82g		
Dietary Fiber	3g	10%	2g	7%	2g	7%	5g		
Total Sugars	12g	-	8g	-	14g	-	21g		
Incl. Added Sugars	12g	24%	8g	16%	8g	16%	20g		
Protein	3g		2g		6g		5g		
Vitamin D	-	10%	2µg	10%	3µg	15%	5µg		
Calcium	-	10%	130mg	10%	280mg	20%	325mg		
Iron	-	80%	11mg	60%	11mg	60%	27mg		
Potassium	-	-	0mg	-	250mg	6%	156mg		
Vitamin A	-	10%	-	10%	170µg	15%	225µg		
Thiamin	-	25%	-	20%	0mg	20%	1mg		
Riboflavin	-	35%	-	30%	1mg	45%	1mg		
Niacin	-	10%	-	10%	2mg	10%	5mg		
Vitamin B6	-	25%	-	20%	0mg	20%	1mg		
Folate	-	25%	-	20%	80µg	20%	200µg		
Folic Acid	60µg	-	45µg	-	45µg	-	112µg		
Vitamin B12	-	25%	-	20%	1µg	40%	1µg		
Phosphorus	-	6%	-	4%	180mg	15%	144mg		
Magnesium	-	6%	-	4%	30mg	8%	46mg		
Zinc	-	25%	-	20%	2mg	20%	6mg		
Water	-	-	-	-	-	-	1g		
Ash	-	-	-	-	-	-	3g		
Vitamin C			-	10%	9mg	10%	22mg		