



Enjoy Honey Cheerios, the sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a cup format that leaves room for milk. This ready-to-eat cup provides convenient single serve portion control and room for milk. Gluten-free. Whole Grain Oats—first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria and Gluten-Free.



### Product Information:

<b>PRODUCT CODE:</b>	18448000
<b>UPC:</b>	16000184480
<b>GTIN:</b>	10016000184487
<b>UNIT SIZE:</b>	2
<b>CASE COUNT:</b>	60
<b>ATTRIBUTES:</b>	Kosher No Artificial Colors No Artificial Flavors Zero Trans Fat No Colors from Artificial Sources 2 oz. Eq. Grain Whole Grain No Gelatin Smart Snacks Compliant No High Fructose Corn Syrup Gluten Free CACFP eligible

### Ingredients & Allergens

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts

Serving Size		1 container (56g)	100 g (100g)
Calories		As Packaged 210	As Packaged 380
% DV			
Total Fat	3g	4%	6g
Saturated Fat	0g	3%	1g
Trans Fat	0g		0g
Cholesterol	0mg	-	0mg
Sodium	340mg	15%	602mg
Total Carbohydrate	44g	16%	78g
Dietary Fiber	5g	17%	9g
Total Sugars	12g	-	22g
Incl. Added Sugars	12g	24%	21g
Protein	6g		10g
Vitamin D	5µg	25%	10µg
Calcium	170mg	10%	357mg
Iron	5mg	25%	10mg
Potassium	260mg	6%	467mg
Vitamin A	-	10%	
Vitamin C	-	10%	
Thiamin	-	25%	
Riboflavin	-	10%	
Niacin	-	10%	
Vitamin B6	-	25%	
Folate	-	25%	
Folic Acid	60µg	-	107µg
Vitamin B12	-	25%	
Zinc	-	25%	
Water	-	-	1g
Ash	-	-	5g

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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