



- ◆ Whole Grain
- ◆ Zero Trans Fat
- ◆ All Natural Flavors
- ◆ No High Fructose Corn Syrup
- ◆ No Peanuts or Tree Nuts
- ◆ No Sesame
- ◆ Low Sodium
- ◆ 2g Fiber
- ◆ No Dairy
- ◆ No Preservatives
- ◆ Kosher
- ◆ 1 oz. Grain Equivalent

Whole Grain (g)	9.52
	53%
Total Grain (g)	18.07
(Derived from wheat)	



INGREDIENTS: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Contains 2% Or Less Of: Dextrose, Modified Wheat Starch, Salt, Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate, Corn Starch, Natural Butter Vanilla Flavor, Added Vitamins and Iron (Ascorbic Acid, Vitamin A Palmitate, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin as Carrier).

Contains: Wheat

GTIN Code	Serving Size	Case/Pk	Ti-Hi	Case Dimension	Case Cube	Gross Wt	Net Wt
00682830404007	28g/1 oz	300/2	8 x 7 HI	19 x 11 x 10	1.3	21 lb	19 lb

Each package of this product meets USDA requirements for a 1 oz. GRAIN

Product Formulation Statement for Grains						
Description of Creditable Grain Ingredient	Grams of Creditable Grain per Portion	Gram Standard of Creditable Grain per oz Equivalent	Creditable Amount			
Whole Wheat Flour	9.52	16	0.60			
Enriched Flour	8.55	16	0.53			
Total Creditable Grain Amount			1			
Non-Creditable Grains (Not included in totals above)			0.29g			
Description of Product per Food Buying Guide	Portion Size of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Total Creditable Amount	Exhibit Group Product Belongs to	Total Weight of Product per Portion as Purchased	Total Contribution of Grain per Portion
Graham	28g	28g	1	Group B	28g	1 oz. equivalent

MJM products are produced in a nut-free & peanut-free facility. MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

Helen Corey (800) 505-5080  
Vice President  
MJM Marketing

MJM 404001 Vanilla Bear Graham 300cs/2pk

## MJM Vanilla Bear Graham

Nutritional Statement

MJM #404001

Smart Snack Approved

### Nutrition Facts

1 servings per container

Serving size (28g)

Amount per serving

**Calories 120**

% Daily Value\*

Total Fat 3.5g 4%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 95mg 4%

Total Carbohydrate 20g 7%

Dietary Fiber 2g 7%

Total Sugars 6g

Includes 6g Added Sugars 10%

Protein 1g

Vitamin D 0mcg 0%

Calcium 13mg 2%

Iron 2mg 10%

Potassium 49mg 2%

Thiamin 0.2mg 15%

Riboflavin 0.2mg 15%

Niacin 2mg 15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**HUSSC GOLD STANDARD APPROVED**

03.01.21