



Sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a bowlpak format. Gluten-free. Whole grain oats - first ingredient. In a ready-to-eat bowl for convenient, single serve portion control. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



Product Information:

PRODUCT CODE:	18447000
UPC:	16000184473
GTIN:	10016000184470
UNIT SIZE:	1
CASE COUNT:	96
ATTRIBUTES:	<ul style="list-style-type: none"> Kosher No Artificial Colors No Artificial Flavors 1 oz. Eq. Grain Zero Trans Fat No Colors from Artificial Sources Whole Grain No Gelatin Smart Snacks Compliant No High Fructose Corn Syrup Gluten Free CACFP eligible

Ingredients & Allergens

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts

Serving Size		1 bowl (28g)	100 g (100g)
Calories		As Packaged 110	As Packaged 380
		% DV	
Total Fat	2g	2%	6g
Saturated Fat	0g	-	1g
Trans Fat	0g		0g
Cholesterol	0mg	-	0mg
Sodium	170mg	7%	602mg
Total Carbohydrate	22g	8%	78g
Dietary Fiber	2g	9%	9g
Total Sugars	6g	-	22g
Incl. Added Sugars	6g	12%	21g
Protein	3g		10g
Vitamin D	3µg	10%	10µg
Calcium	80mg	6%	357mg
Iron	2mg	10%	10mg
Potassium	130mg	2%	467mg
Vitamin A	-	6%	
Vitamin C	-	6%	
Thiamin	-	10%	
Riboflavin	-	6%	
Niacin	-	6%	
Vitamin B6	-	10%	
Folate	-	10%	
Folic Acid	30µg	-	107µg
Vitamin B12	-	10%	
Zinc	-	10%	
Water	-	-	1g
Ash	-	-	5g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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