



## Honey Cheerios™ Cereal Single Serve K12 2oz Eq Grain

Enjoy Honey Cheerios, the sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a cup format that leaves room for milk. This ready-to-eat cup provides convenient single serve portion control and room for milk. Gluten-free. Whole Grain Oats—first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria and Gluten-Free.



### Product Information:

<b>PRODUCT CODE:</b>	18448000
<b>UPC:</b>	16000184480
<b>GTIN:</b>	10016000184487
<b>UNIT SIZE:</b>	2
<b>CASE COUNT:</b>	60
<b>ATTRIBUTES:</b>	<ul style="list-style-type: none"> <li>Kosher</li> <li>No Artificial Colors</li> <li>No Artificial Flavors</li> <li>2 oz. Eq. Grain</li> <li>Whole Grain</li> <li>No Gelatin</li> <li>Smart Snacks Compliant</li> <li>No High Fructose Corn Syrup</li> <li>Gluten Free</li> <li>CACFP eligible</li> </ul>

### Ingredients & Allergens

Ingredients: Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Does Not Contain Obligatory Allergens

### Package Information:

<b>NET WEIGHT:</b>	N/A
<b>VOLUME:</b>	2.7 CF
<b>HEIGHT:</b>	23
<b>LENGTH:</b>	16.5

<b>WIDTH:</b>	60
<b>CASE SIZE:</b>	12.3

## Nutrition Facts

Serving Size	1 Container (56g)		100g
Calories	As Packaged <b>210</b>		As Packaged <b>380</b>
		% DV	% DV
<b>Total Fat</b>	3g	<b>4%</b>	6g
Saturated Fat	0.5g	<b>4%</b>	2g
Trans Fat	0g		0g
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg
<b>Sodium</b>	340mg	<b>15%</b>	600mg
<b>Total Carbohydrate</b>	44g	<b>16%</b>	78g
Dietary Fiber	5g	<b>17%</b>	9g
Soluble Fiber	2g		4g
Total Sugars	12g		22g
Incl. Added Sugars	12g	<b>24%</b>	21g
<b>Protein</b>	6g		10g
Vitamin D	3mcg	<b>15%</b>	5mcg
Calcium	200mg	<b>15%</b>	350mg
Iron	5.4mg	<b>30%</b>	10mg
Potassium	260mg	<b>6%</b>	470mg
Vitamin A		<b>15%</b>	1181IU
Vitamin C		<b>15%</b>	24mg
Thiamin		<b>30%</b>	1mg
Riboflavin		<b>15%</b>	0mg
Niacin		<b>15%</b>	4mg
Vitamin B6		<b>30%</b>	1mg
Folate		<b>30%</b>	215mcg
Folic Acid	70mcg		125mcg
Vitamin B12		<b>30%</b>	1mcg
Phosphorus		<b>15%</b>	360mg
Magnesium		<b>15%</b>	120mg
Zinc		<b>30%</b>	6mg

\* Percent Daily Value (DV) are based on a 2,000 calorie diet

\* Not a significant nutrient source

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

\* Do not eat raw dough or batter.

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