



2210 Enterprise Park Dr
Indianapolis, IN 46218

317-926-4237
800-283-7437

*Listed by Manufacturer, in alphabetical order

Table with columns: Item #, Product Line, Size, Case, NSLP Meat Component, Smart Snack, Peanut Free, Trans Fat Free, Product Contains, Gluten Free, Additional Allergens Present, High Fructose Corn Syrup Free, Kosher, Shelf Life, Serving Size, Ounces, Grams, Total Calories, Total Fat (g), Total Saturated Fat (g), Total Calories from Fat, % of Calories from Fat (35%), % of Daily Fat (g), % of Cal from Sat Fat (10%), Cholesterol (mg), Sodium (mg), Total Carbohydrates (g), Fiber (g), Sugar (g), % Sugar by weight (35%), Protein (g), Vitamin A RDI %, Vitamin C RDI %, Calcium RDI %, Iron RDI %.

***Listed by Manufacturer, in alphabetical order**

Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack or Compliant when Menued***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Calcium RDI %	Iron RDI %					
33627	Baked Lays Sour Cream and Onion	.875oz	60		S	Y	Y	N	Y	MS	Y	N	45 days	.875oz	0.875	25	110	3	0	27	25%	5%	0%	0	150	19	1	2	8%	2	0%	0%	0%	0%					
74847	Baked Lays Salt & Vinegar	.875oz	60		S	Y	Y	N	Y	S	Y	N	45 days	.875oz	0.875	25	110	3	0	27	25%	5%	0%	0	120	18	1	2	8%	2	0%	0%	0%	0%					
56882	Baked Ruffles Cheddar and Sour Cream	.8oz	60		S	Y	Y	N	Y	MS	Y	N	45 days	.8oz	0.8	23	100	2.5	0	22	22%	4%	0%	0	200	17	1	2	9%	1	0%	0%	0%	0%					
32397	Fritos Chili / Cheese	1oz	104			Y	Y	N	N	M	Y	N	45 days	1oz	1	28	160	10	1.5	90	56%	15%	8%	0	270	16	1	1	4%	2	0%	0%	2%	0%					
32405	Fritos Original	1oz	104			Y	Y	N	N		Y	Y	45 days	1oz	1	28	160	10	1.5	90	56%	15%	8%	0	160	16	1	0	0%	2	0%	0%	2%	0%					
36098	Chili Cheese Fantastix	1oz	104		1 1/4 GB	S	Y	Y	Y	M	Y	N	45 days	1oz	1	28	130	5	1	45	35%	8%	7%	0	200	19	2	1	4%	2	0%	0%	0%	4%					
43578	Flamin' Hot Fantastix	1oz	104		1 1/4 GB	S	Y	Y	Y	M	Y	N	45 days	1oz	1	28	120	5	1	45	38%	8%	8%	0	200	20	2	1	4%	2	0%	0%	0%	4%					
74993	Ranch Fantastix	1oz	104		1 GB	S	Y	Y	Y	M	Y	N	45 days	1oz	1	28	120	4.5	0.5	41	34%	7%	4%	0	115	18	1	1	4%	2	0%	0%	0%	4%					
36308	Munchies Snack Mix	.875oz	104		1 GB	S	N	Y	N	MW	Y	N	45 days	.875oz	0.875	25	110	3.5	0	30	27%	5%	0%	0	180	17	2	2	8%	2	0%	0%	2%	15%					
52889	Baked Whole Grain Cheetos Flamin' Hot Limon	.875oz	104		1 1/4 GB	S	Y	Y	N	M	Y	N	45 days	.875oz	0.875	25	110	4	0.5	45	41%	6%	4%	0	140	18	1	0	0%	2	0%	0%	0%	2%					
62933	Baked Whole Grain Cheetos	.875oz	104		1 1/4 GB	S	Y	Y	N	M	Y	N	45 days	.875oz	0.875	25	120	4.5	1	40	33%	7%	8%	0	200	16	1	1	4%	2	0%	0%	0%	2%					
62984	Baked Whole Grain Cheetos Flamin' Hot	.875oz	104		1 1/4 GB	S	Y	Y	N	M	Y	N	45 days	.875oz	0.875	25	130	5	0.5	45	35%	8%	3%	0	200	20	2	1	4%	2	0%	0%	2%	0%					
66689	Funyuns	.75oz	104		1 GB	S	Y	Y	Y	M	Y	N	45 days	.75oz	0.75	21	100	3.5	0.5	32	32%	5%	5%	0	125	14	1	1	5%	2	0%	0%	2%	0%					
66154	Grandma's Chocolate Chip Cookies	1.22oz	80		1 GB	S	N	Y	N	MSW	Y	Y	45 days	1.22oz	1.22	35	160	6	1.5	54	34%	9%	8%	0	160	25	3	11	32%	2	0%	0%	0%	6%					
74851	Tostitos Salsa Cup	3oz	168		3/4 V	S	Y	Y	N		Y	N	6 mo	3oz	3	85	30	0	0	0	0%	0%	0%	0	170	7	2	5	6%	1	0%	0%	2%	2%					
Frito Lay LSS Snacks																																							
09598	Reduce Fat Lay's Kettle Cooked Applewood BBQ	1.375oz	64		S	Y	Y	N	Y	M	Y	Y	45 days	1.375oz	1.375	39	180	7	1	63	35%	11%	5%	0	190	27	2	3	8%	3	0%	10%	0%	4%					
25113	Reduce Fat Lay's Kettle Cooked Salt & Vinegar	1.375oz	64		S	Y	Y	N	Y		Y	Y	45 days	1.375oz	1.375	39	180	7	1	63	35%	11%	5%	0	180	28	2	3	8%	3	0%	10%	0%	4%					
25111	Reduce Fat Lay's Kettle Cooked Jalapeno & Cheddar	1.375oz	64		S	Y	Y	N	Y	M	Y	Y	45 days	1.375oz	1.375	39	180	7	1	63	35%	11%	5%	0	160	27	2	2	5%	3	0%	10%	2%	4%					
25115	Reduce Fat Lay's Kettle Cooked Original	1.375oz	64		S	Y	Y	N	Y		Y	Y	45 days	1.375oz	1.375	39	180	7	1	63	35%	11%	5%	0	180	28	2	3	8%	3	0%	10%	0%	4%					
30103	Reduce Fat Tostitos - 2 GB	1.45oz	64		2 GB	S	Y	Y	Y		Y	Y	45 days	1.45oz	1.45	41	200	7	1	63	32%	11%	5%	0	160	29	3	0	0%	3	0%	0%	2%	2%					
44395	Baked Lays - BBQ	1.125oz	64		S	Y	Y	N	Y	MS	Y	N	45 days	1.125oz	1.125	32	140	3.5	0.5	30	21%	5%	3%	0	180	24	2	3	9%	2	0%	0%	0%	0%					
44396	Baked Lays - Regular	1.125oz	64		S	Y	Y	N	Y	S	Y	N	45 days	1.125oz	1.125	32	140	4	0.5	36	26%	6%	3%	0	180	24	2	3	9%	2	0%	0%	0%	0%					
44400	Baked Ruffles Cheddar & Sour Cream	1.125oz	64			Y	Y	N	Y	MSW	Y	N	45 days	1.125oz	1.125	32	140	3.5	0.5	35	25%	5%	3%	0	280	24	2	3	9%	2	0%	0%	0%	0%					
44427	Sun Chips - Harvest Cheddar	1.5oz	64		2 GB	E	Y	Y	N	MW	Y	N	45 days	1.5oz	1.5	43	210	9	1	80	38%	14%	4%	0	260	28	4	3	7%	3	0%	0%	0%	4%					
44428	Sun Chips - Garden Salsa	1.5oz	64		2 GB	E	Y	Y	N	MW	Y	N	45 days	1.5oz	1.5	43	210	9	1	80	38%	14%	4%	0	220	27	4	4	9%	4	4%	0%	2%	2%					
Frito Lay Walking Taco																																							
20510	Reduce Fat Tostitos	1.4oz	44		2 GB	S	N	Y	Y		Y	Y	45 days	1.4oz	1.4	40	190	7	1	63	33%	11%	5%	0	160	28	3	0	0%	3	0%	0%	2%	2%					
20518	Reduced Fat Doritos - Nacho Cheese	1.4oz	44		2 GB	E	Y	Y	N	M	Y	N	45 days	1.4oz	1.4	40	190	7	1	63	33%	11%	5%	0	280	28	2	1	3%	3	0%	0%	4%	2%					
69394	Fritos	1.5oz	60		2 GB	E	Y	Y	Y		Y	Y	45 days	1.5oz	1.5	43	240	15	2	135	56%	23%	8%	0	250	24	2	0	0%	2	0%	0%	2%	0%					
Fruit Cups																																							
17290	Peach Fruit Cups	4.5oz	72		1 F	S	Y	Y	N	Y		Y	24 mo	4.5oz	4.5	128	70	0	0	0	0%	0%	0%	0	0	13	1	9	7%	0	4%	58%	0%	0%					
12419	Mandarin Orange Fruit Cups	4.5oz	72		1 F	S	Y	Y	N	Y		Y	18 mo	4.5oz	4.5	128	80	0	0	0	0%	0%	0%	0	5	13	1	9	7%	0	0%	60%	0%	0%					
17313	Mixed Fruit Cup	4.5oz	72		1 F	S	Y	Y	N	Y		Y	24 mo	4.5oz	4.5	128	80	0	0	0	0%	0%	0%	0	5	13	1	9	7%	0	0%	58%	0%	0%					
17306	Diced Pear Fruit Cups	4.5oz	72		1 F	S	Y	Y	N	Y		Y	24 mo	4.5oz	4.5	128	70	0	0	0	0%	0%	0%	0	0	13	1	11	9%	0	0%	80%	0%	0%					
17320	Pineapple Fruit Cups	4.5oz	72		1 F	S	Y	Y	N	Y		Y	18 mo	4.5oz	4.5	128	60	0	0	0	0%	0%	0%	0	0	15	1	13	10%	0	0%	0%	0%	0%					
Funcho																																							
2002FC	Mild Cheese Sauce - Cup	3.5oz	48				Y	Y	N	Y		Y	12 mo	3.5oz	3.5	99	110	8	1.5	70	64%	12%	12%	0	740	7	0	1	1%	1	0%	0%	4%	0%					
20024	Zesty Cheese Sauce - Bags	140oz	4		E	Y	Y	N	Y	M	Y	Y	12 mo	2oz	2.2	62	70	5	0.5	45	64%	8%	6%	0	480	7	0	2	3%	0	0%	0%	4%	0%					
General Mills																																							
11510	Scoby Doo Fruit Shapes	.9 oz	96		S	N	Y	N	Y		Y	N	248 Days	.9oz	0.9	26	70	0	0	0	0%	0%	0%	0	30	21	5	9	35%	0	0%	100%	0%	0%					
11561	Reduced Sugar Colors Fruit Roll Ups	.5oz	96		S	N	Y	N	Y		Y	Y	248 Days	.5oz	0.5	14	50	1	0.5	10	20%	2%	9%	0	55	11	2	4	28%	0	0%	25%	0%	0%					
11566	Reduced Sugar Blastin' Berry Fruit Roll Ups	.5oz	96		S	N	Y	N	Y		Y	Y	248 Days	.5oz	0.5	14	50	1	0.5	10	20%	2%	9%	0	55	11	2	4	28%	0	0%	25%	0%	0%					
29162	Reduced Sugar Strawberry Fruit Roll Ups	.5oz	96		S	N	Y	N	Y		Y	Y	248 Days	.5oz	0.5	14	50	1	0.5	10	20%	2%	9%	0	55	11	2	4	28%	0	0%	25%	0%	0%					
31913	Golden Grahams Cereal Bar	1.42oz	96		1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3	0	30	20%	5%	0%	0	110	30	3	9	22%	2	2%	0%	20%	8%					
31915	Trix Cereal Bar	1.42oz	96		1 GB	S	Y	Y	N	W	N	N	248 Days	1.42oz	1.42	40	150	4	1	30	20%	6%	6%	0	100	30	2	9	22%	2	2%	2%	20%	10%					
45576	Cinnamon Toast Crunch Cereal Bar	1.42oz	96		1 GB	S	Y	Y	N	WS	N	N	248 Days	1.42oz	1.42	40	150	3.5	0	30	20%	5%	0%	0	115	30	3	9	22%	2									

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Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack or Compliant when Menued***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Calcium RDI %	Iron RDI %					
11001	Blue Raspberry	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11002	Strawberry Kiwi	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11003	Green Watermelon	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11006	Red Cherry	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11011	Sour Apple	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11013	Lemonade	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	120	1.5	0	0	0%	2%	0%	0	15	31	0	29	13%	2	10%	100%	10%	6%					
11021	Cherry Cola	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	100	0	0	0	0%	0%	0%	0	10	25	0	24	11%	0	8%	100%	10%	6%					
11009	Fruit Punch	288 - 8 oz	6 -1/2 G	1 F	S	Y	Y	N	Y		Y		12 mo	8oz	8	227	150	0	0	0	0%	0%	0%	0	35	34	0	33	15%	1	10%	60%	0%	0%					
Juice Alive - Smoothie Cups																																							
10015	Blue Raspberry	4 oz	96	1/2 F	S	Y	Y	N	Y		Y		12 mo	4oz	4	113	110	0	0	0	0%	0%	0%	0	15	28	1	21	19%	0	10%	80%	10%	6%					
40065	Pink Lemonade	4 oz	96	1/2 F	S	Y	Y	N	Y		Y		12 mo	4oz	4	113	110	0	0	0	0%	0%	0%	0	30	28	1	21	19%	0	10%	80%	10%	6%					
10105	Strawberry	4 oz	96	1/2 F	S	Y	Y	N	Y		Y		12 mo	4oz	4	113	110	0	0	0	0%	0%	0%	0	30	28	1	21	19%	0	10%	80%	10%	6%					
Juicy Juice - 100% Juice - 4.23 oz																																							
14523	Apple - Small	4.23oz	40	1 F	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	60%	0%	0%					
25216	Fruit Punch - Small	4.23oz	40	1 F	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	60%	0%	0%					
52179	Orange Tangerine - Small	4.23oz	40	1 F	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	15	17	0	16	13%	0	0%	60%	0%	0%					
88579	Berry - Small	4.23oz	40	1 F	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	100%	0%	0%					
88977	Grape - Small	4.23oz	40	1 F	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	10	16	0	15	13%	0	0%	60%	0%	0%					
00066	Orange Medley - Small	4.23oz	40	1 V	S	Y	Y	N	Y		Y		12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	30	14	0	13	11%	0	20%	60%	0%	0%					
Juicy Juice - 100% Juice - 6.75 oz																																							
00022	Strawberry Watermelon - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	24	0	22	11%	0	0%	100%	0%	0%					
15794	Apple - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	24	0	22	11%	0	0%	100%	0%	0%					
15896	Kiwi Strawberry - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	24	0	22	11%	0	0%	100%	0%	0%					
52479	Grape - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	25	0	23	12%	0	0%	100%	0%	0%					
79564	Fruit Punch - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	24	0	22	11%	0	0%	100%	0%	0%					
84125	Orange Tangerine - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	27	0	26	14%	0	0%	100%	0%	0%					
87776	Berry - Large	6.75oz	32	1.5 F	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	100	0	0	0	0%	0%	0%	0	15	24	0	23	12%	0	0%	100%	0%	0%					
00146	Rainbow Punch - Large	6.75oz	32	1.5 V	S	Y	Y	N	Y		Y		12 mo	6.75oz	6.75	191	90	0	0	0	0%	0%	0%	0	20	21	0	21	11%	0	0%	100%	0%	0%					
Juicy Juice - 100% Juice - 10 oz Bottle																																							
00011	Apple - 10oz Bottle	10oz	24	2 F	S	Y	Y	N	Y		Y		12 mo	10oz	10	284	140	0	0	0	0%	0%	0%	0	25	35	0	33	12%	0	0%	100%	0%	0%					
00014	Fruit Punch - 10oz Bottle	10oz	24	2 F	S	Y	Y	N	Y		Y		10 mo	10oz	10	284	140	0	0	0	0%	0%	0%	0	25	35	0	33	12%	0	0%	100%	0%	0%					
00080	Grape - 10oz Bottle	10oz	24	2 F	S	Y	Y	N	Y		Y		12 mo	10oz	10	284	140	0	0	0	0%	0%	0%	0	25	35	0	33	12%	0	0%	100%	0%	0%					
00094	Orange Tangerine - 10oz Bottle	10oz	24	2 F	S	Y	Y	N	Y		Y		10 mo	10oz	10	284	140	0	0	0	0%	0%	0%	0	25	35	0	33	12%	0	0%	100%	0%	0%					
Kaiser																																							
80021	Pickle Chips - 1/8" CC	5 gal.	1		E	Y	Y	N	Y		Y		9 mo	1oz	1	28	0	0	0	0	0%	0%	0%	0	380	0	0	0	0%	0	0%	0%	0%	0%					
80022	Pickle Chips - 1/8" CC	1 gal.	4		E	Y	Y	N	Y		Y		12 mo	1oz	1	28	0	0	0	0	0%	0%	0%	0	380	0	0	0	0%	0	0%	0%	0%	0%					
Kellogg's																																							
79263	Cheez-it WG	.75oz	175	1 GB	S	Y	Y	N	Y	WMS	Y	Y	8 mo	.75oz	0.75	21	100	3.5	1	30	30%	5%	9%	5	150	14	1	0	0%	3	0%	0%	8%	4%					
11052	Whole Grain Rice Krispie Treat	1.41oz	80	1 GB	S	Y	Y	N	Y	MS	Y	N	8 mo	1.41oz	1.41	40	160	4	1	35	22%	6%	6%	0	140	30	1	11	28%	2	0%	0%	0%	10%					
14540	Whole Grain Rice Krispie Treat Minis	.42 oz	600	1/4 GB	S	Y	Y	N	Y	MS	Y	N	8 mo	.42oz	0.42	12	50	1	0	10	20%	2%	0%	0	45	9	0	3	25%	0	0%	0%	2%						
14567	Whole Grain Chocolate Chip Rice Krispie Treat	1.59 oz	80	1 GB	S	Y	Y	N	Y	MS	Y	N	8 mo	1.59oz	1.59	45	190	5	2	50	26%	8%	9%	0	150	34	1	14	31%	2	0%	0%	0%	10%					
26542	Whole Grain Confetti Rice Krispie Treat	1oz	80	1 GB	S	Y	Y	N	Y	MS	Y	N	8 mo	1.59oz	1.59	45	190	5	2	50	26%	8%	9%	0	150	34	1	14	31%	2	0%	0%	0%	10%					
14567	Whole Grain Chocolate Chip Rice Krispie Treat	1.59 oz	80	1 GB	S	Y	Y	N	Y	MS	Y	N	8 mo	1.59oz	1.59	45	190	5	2	50	26%	8%	9%	0	150	34	1	14	31%	2	0%	0%	0%	10%					
12695	Chat Snak Vanilla Grahams	1oz	210	1 GB	S	Y	Y	N	Y	WS	Y	Y	9 mo	1oz	1	28	120	4	0	36	30%	6%	0%	0	105	21	1	8	28%	2	0%	0%	0%	4%					
50689	Scoby-Doo Cinnamon Graham Sticks	1 oz	210	1 GB	S	Y	Y	N	Y	WS	Y	Y	8 mo	1oz	1	28	120	3.5	1	35	29%	5%	8%	0	115	21	1	8	28%	2	10%	0%	10%	4%					
55644	Bug Bites Cinnamon Graham Crackers	1oz	210	1 GB	S	Y	Y	N	Y	WS	Y	Y	8 mo	1oz	1	28	120	3.5	1	35	29%	5%	8%	0	115	21	1	8	28%	2	10%	0%	10%	4%					
12070	Pop Tart WG Frosted Fudge	1.76 oz	120	1 1/4 GB	S	Y	Y	N	Y	WS	Y	N	8 mo	1.76 oz	1.76	50	190	3	1	25	13%	5%	5%	0	200	38	3	15	30%	3	10%	0%	10%	10%					
17196	Pop Tart WG Blueberry	1.76 oz	120	1 GB	S	Y	Y	N	Y	WS	Y	N	8 mo	1.76 oz	1.76	50	180	2.5	1	25																			

***Listed by Manufacturer, in alphabetical order**

Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack or Compliant when Menued***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Calcium RDI %	Iron RDI %				
74131	2 GB Savory Bites - WG Whole Wheat Cracker	1.6oz	100	2 GB	E	Y	Y	Y	N	W	Y	Y	10 mo	1.6oz	1.6	45	180	5	1	50	28%	8%	5%	0	320	30	3	4	9%	3	0%	0%	2%	45%				
Moo Mates Milk																																						
950010	Fat Free Chocolate Milk	8oz	27	1 D	S	Y	Y	N	Y	M	Y	Y	6 mo	8oz	8	227	140	0	0	0	0%	0%	0%	5	260	27	0	25	11%	8	10%	0%	30%	0%				
950050	Fat Free White Milk	8oz	27	1 D	S	Y	Y	N	Y	M	Y	Y	6 mo	8oz	8	227	80	0	0	5	6%	0%	0%	5	110	11	1	11	5%	8	10%	0%	25%	25%				
National Food Group																																						
610688	Zee Zee's Grahamz - Birthday	1oz	200	1 GB	S	Y	Y	Y	N	WS	Y	Y	9 mo	1oz	1	28	120	4	1	36	30%	6%	8%	0	50	21	0	8	28%	2	0%	0%	0%	0%				
154161	Zee Zee's Roasted Red Pepper Hummus	3oz	120	1 P / 1/4 V	S	N	Y	N	N	WS	Y	Y	12 mo	3oz	3	85	110	2	0	0	0%	3%	0%	0	100	18	5	4	5%	6	6%	24%	2%	10%				
25200	Zee Zee's Taco Hummus	3oz	120	1 P / 1/4 V	S	N	Y	N	N	WS	Y	Y	12 mo	3oz	3	85	120	3	0	27	23%	5%	0%	0	180	18	5	3	4%	6	0%	0%	4%	10%				
60260	Zee Zee's Nutrition Bar - Berry Apple Crisp	2.2 oz	120	2 GB	E	Y	Y	Y	N	WS	Y	Y	12 mo	2.2oz	2.2	62	250	8	2	81	32%	12%	7%	0	80	41	3	14	22%	4	0%	0%	2%	6%				
60430	Zee Zee's Nutrition Bar - Cinnamon Crisp	2.2 oz	120	2 GB	E	Y	Y	Y	N	WS	Y	Y	12 mo	2.2oz	2.2	62	250	9	1	81	32%	14%	4%	0	80	39	3	13	21%	4	0%	0%	2%	6%				
60480	Zee Zee's Nutrition Bar - Campfire S'Mores	2.2 oz	120	2 GB	E	Y	Y	Y	N	WS	Y	Y	12 mo	2.2oz	2.2	62	250	8	2.5	81	32%	12%	9%	0	80	42	2	14	22%	4	0%	0%	2%	10%				
609271	Zee Zee's Mixees Dried Mixed Fruit	1.33oz	144	1 F	S	Y	Y	N	Y	WS	Y	Y	12 mo	1.33oz	1.33	38	120	0	0	0	0%	0%	0%	0	25	30	2	24	64%	1	0%	5%	2%	2%				
610606	Zee Zee's Raisins	1.5oz	144	1 F	S	Y	Y	N	Y	WS	Y	Y	12 mo	1.5oz	1.5	43	3	0	0	0	0%	0%	0%	0	5	34	2	25	59%	1	0%	0%	2%	6%				
87860	Zee Zee's Sunflower Kernels - Roasted - Lightly Salted	1oz	250	1 Pr	S	Y	Y	N	Y	WS	Y	Y	9 mo	1oz	1	28	170	14	1.5	126	74%	22%	8%	0	110	6	3	1	4%	6	0%	0%	2%	6%				
88090	Zee Zee's Sunflower Kernels - Honey Roasted	1.2oz	250	1 Pr	S	Y	Y	N	Y	WS	Y	Y	9 mo	1.2oz	1.2	34	200	16	2	144	72%	25%	9%	0	65	10	3	5	15%	6	0%	0%	2%	6%				
NatureSeal																																						
34125	NatureSeal Produce Application	1.25lbs	1.25lbs		E		Y	N	Y		Y		24 mo	varies																								
34380	NatureSeal Produce Application	3.3lbs	3.3lbs		E		Y	N	Y		Y		24 mo	varies																								
Nature's Twist																																						
66740	Sugar Free Lemonade	16.9oz	24		S	Y	Y	N	Y		Y		12 mo	16.9oz	16.9	479	0	0	0	0	0%	0%	0%	0	85	0	0	0	0%	0	0%	0%	0%	0%				
86753	Sugar Free Strawberry Lemonade	16.9oz	24		S	Y	Y	N	Y		Y		12 mo	16.9oz	16.9	479	5	0	0	0	0	0%	0%	0%	0	80	0	0	0	0%	0	0%	0%	0%	0%			
Nestle Ice Mountain Natural Spring Water																																						
7091	Ice Mountain Spring Water - 8oz	8oz	48		S	Y	Y	N	Y		Y		12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%				
7093	Ice Mountain Spring Water - 16.9 oz	16.9oz	40		S	Y	Y	N	Y		Y		12 mo	16.9oz	16.9	479	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%	0%			
Nutritional Choices																																						
61001	Whole Grain Animal Crackers	1oz	100	1 GB	S	Y	Y	Y	N	WS	Y	Y	9 mo	1oz	1	28	120	4	0	36	30%	6%	0%	0	60	21	2	6	21%	2	0%	0%	0%	4%				
61002	Brownie Bar	1.5oz	120	3/4 GB	S	Y	Y	Y	N	WMS	Y	Y	5 mo	1.5oz	1.5	43	150	5	1.5	45	30%	8%	0%	5	85	26	4	13	31%	2	0%	0%	0%	6%				
Ocean Spray																																						
22044	Watermelon Craisins	1.16oz	200	1 F	S	Y	Y	N	Y		Y	Y	9 mo	1.16oz	1.16	33	110	0	0	0	0%	0%	0%	0	0	28	3	24	73%	0	0%	0%	0%	0%				
22545	Orange Craisins	1.16oz	200	1 F	S	Y	Y	N	Y		Y	Y	9 mo	1.16oz	1.16	33	110	0	0	0	0%	0%	0%	0	0	28	3	24	73%	0	0%	0%	0%	0%				
23444	Cherry Craisins	1.16oz	200	1 F	S	Y	Y	N	Y		Y	Y	9 mo	1.16oz	1.16	33	110	0	0	0	0%	0%	0%	0	0	28	3	24	73%	0	0%	0%	0%	0%				
23445	Strawberry Craisins	1.16oz	200	1 F	S	Y	Y	N	Y		Y	Y	9 mo	1.16oz	1.16	33	110	0	0	0	0%	0%	0%	0	0	28	3	24	73%	0	0%	0%	0%	0%				
Old Wisconsin																																						
12948	Single Beef Stick	.5oz	144	1/2 P	S	Y	Y	N	Y		Y	N	200 days	.5oz	0.5	14	40	1.5	0	14	35%	2%	0%	10	200	<1	0	1	7%	4	0%	0%	0%	2%				
12954	Single Buffalo Chicken Stick	.5oz	144	1/2 P	S	Y	Y	N	Y		Y	N	120 days	.5oz	0.5	14	45	1.5	0	14	31%	2%	0%	10	200	1	0	1	7%	4	0%	0%	0%	0%				
Pepsi																																						
159301	Life WTR	24 oz	12		S	Y	Y	N	Y	S	Y		24 mo	24oz	24	680	0	0	0	0	0%	0%	0%	0	2	3	0	0	0%	0	0%	40%	0%	0%				
14143	Mt. Dew KickStart - Pineapple/Orange/Mango	12oz	18		S	N	Y	N	Y	t	Y		6 mo	12oz	12	340	60	0	0	0	0%	0%	0%	0	130	15	0	14	4%	0	0%	70%	0%	0%				
18331	Mt. Dew KickStart - Orange Citrus	12oz	18		S	N	Y	N	Y	t	Y		6 mo	12oz	12	340	60	0	0	0	0%	0%	0%	0	135	16	0	15	4%	0	0%	70%	0%	0%				
18334	Mt. Dew KickStart - Black Cherry	12oz	18		S	N	Y	N	Y	t	Y		6 mo	12oz	12	340	60	0	0	0	0%	0%	0%	0	130	15	0	14	4%	0	0%	0%	0%	0%				
88717	Diet Mt. Dew	16.9oz	24		S	N	Y	N	Y		Y		3mo	16.9oz	16.9	479	5	0	0	0	0%	0%	0%	0	70	1	0	0	0%	0	0%	0%	0%	0%				
92327	Diet Dr. Pepper	16.9oz	24		S	N	Y	N	Y		Y		3mo	16.9oz	16.9	479	0	0	0	0	0%	0%	0%	0	85	0	0	0	0%	0	0%	0%	0%	0%				
121347	Diet Pepsi Zero	16.9oz	24		S	N	Y	N	Y		Y		3mo	16.9oz	16.9	479	0	0	0	0	0%	0%	0%	0	55	0	0	0	0%	0	0%	0%	0%	0%				
165980	Diet Cherry Pepsi	16.9oz	24		S	N	Y	N	Y		Y		3mo	16.9oz	16.9	479	0	0	0	0	0%	0%	0%	0	55	0	0	0	0%	0	0%	0%	0%	0%				
Perfect Servings																																						
15075	Fast & Easy Mac & Cheese (Microwaveable)	2.15oz	140		E	N	Y	N	N	WM	Y	Y	3 mo	2.15oz	2.15	61	220	2	1	18	8%	3%	4%	0	570	43	1	5	8%	8	0%	0%	6%	6%				
Popcorn Indiana																																						
0653	Sweet N' Salty Popcorn	1oz	48	1 GB	S	N	Y	Y	N		Y	Y	6 mo	1oz	1	29	130	5	0.5	45	35%	8%	3%	0	140	20	3	5	17%	2	0%	0%	0%	6%				
Post / Malt-O-Meal Cereal Small Bowl Packs																																						
542	Crispy Rice	.63oz	96	1/2 GB		Y	Y	N	Y		Y	Y	12 mo	.63 oz	0.63	18	70	0	0	0	0%	0%	0%	0	105	15	0	2	11%	1	4%	4%	0%	25%				
1015	Frosted Flakes	1.0oz	96	1 GB		Y	Y	N	N	W	Y	Y	12 mo	1oz	1	28	110	0	0	0	0%	0%	0%	0	130	25	0	10	35%	1	0%	0%	20%	0%				
1315	Tootie Fruities	.75oz	96	3/4 GB		Y	Y	N	N	W	Y	Y	12 mo	27g	0.75	21	80	0.5	0	5	6%	1%	0%	0	95	18	0	9	42%	1	0%	0%	8%	15%				
1515	Coco-Roos	.87oz	96	3/4 GB		Y	Y	N	N	W	Y	Y	10 mo	.87oz	0.87	24	100	1	0	10	10%	2%	0%	0	90	22	0	12	50%	1	0%	0%	10%	15%				
2415	Berry Colossal Crunch	1.0oz	96	1 GB		Y	Y	N	N	S	Y	Y	9 mo	1oz	1	28	110	1	0	10	9%	2%	0%	0	190	24	0	12	42%	1	0%	0%	0%	20%				
3																																						

***Listed by Manufacturer, in alphabetical order**

Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack Compliant or Menued***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Calcium RDI %	Iron RDI %					
15023	Sparkling Blackberry	8.4oz	24		S	Y	Y	N	Y		Y	N	10 mo	8.4oz	8.4	238	90	0	0	0	0%	0%	0%	0	20	22	0	20	8%	0	0%	30%	0%	0%					
15054	Sparkling Clementine	8.4oz	24		S	Y	Y	N	Y		Y	N	10 mo	8.4oz	8.4	238	90	0	0	0	0%	0%	0%	0	15	21	0	19	8%	0	0%	20%	0%	0%					
15078	Sparkling Apple	8.4oz	24		S	Y	Y	N	Y		Y	N	10 mo	8.4oz	8.4	238	90	0	0	0	0%	0%	0%	0	15	24	0	21	9%	0	0%	20%	0%	0%					
15085	Sparkling Pomegranate	8.4oz	24		S	Y	Y	N	Y		Y	N	10 mo	8.4oz	8.4	238	90	0	0	0	0%	0%	0%	0	10	22	0	18	8%	0	0%	20%	0%	0%					
Raisels																																							
5863	Sour Lemon Blast	1.66oz	200	F	E	Y	Y	N	Y		Y	Y		1.66oz	1.66	47	130	0	0	0	0%	0%	0%	0	0	35	1	27	57%	1	0%	0%	2%	2%					
5870	Sour Orange Blast	1.66oz	200	F	E	Y	Y	N	Y		Y	Y		1.66oz	1.66	47	130	0	0	0	0%	0%	0%	0	0	35	1	27	57%	1	0%	0%	2%	2%					
5887	Sour Watermelon Shock	1.66oz	200	F	E	Y	Y	N	Y		Y	Y		1.66oz	1.66	47	140	0	0	0	0%	0%	0%	0	0	35	1	27	57%	1	0%	0%	2%	2%					
5894	Fruit Splash	1.66oz	200	F	E	Y	Y	N	Y		Y	Y		1.66oz	1.66	47	140	0	0	0	0%	0%	0%	0	0	34	1	27	57%	1	0%	0%	2%	2%					
10569	Tropical Raisels - NO ADDED SUGAR	1.35oz	200	F	S	Y	Y	N	Y		Y	Y		1.35oz	1.35	38	130	0	0	0	0%	0%	0%	0	5	29	2	23	60%	1	0%	0%	2%	0%					
10570	Grape Raisels - NO ADDED SUGAR	1.35oz	200	F	S	Y	Y	N	Y		Y	Y		1.35oz	1.35	38	130	0	0	0	0%	0%	0%	0	5	29	2	23	60%	1	0%	0%	2%	0%					
Sneaky Chef																																							
1016	No Nut Butter - Chocolate	1oz	220	1 Pr	S	Y	Y	N	Y		Y		180 Days	1oz	1	28	170	11	1	99	58%	17%	5%	0	105	14	3	8	28%	3	0%	0%	0%	0%					
Southgate Foods																																							
78407	Beef Stew	7.5oz	24	1 Pr		N	Y	N	N	S	Y		24 mo	7.5oz	7.5	213	290	19	9	170	59%	29%	28%	25mg	970	17	3	0	0%	10	0%	0%	4%	4%					
92242	Chili with Beans	7.5oz	24	1 Pr		N	Y	N	N	S	Y		24 mo	7.5oz	7.5	213	250	13	5	110	44%	20%	18%	25mg	760	24	8	0	0%	12	10%	0%	6%	15%					
94352	Beef Lasagna	7.5oz	24	1 Pr		N	Y	N	N	EW	Y		24 mo	7.5oz	7.5	213	200	9	3.5	80	40%	14%	16%	20mg	860	21	1	5	2%	8	4%	0%	2%	6%					
94356	Sketti O's with Sauce	7.5oz	24	1 Pr		N	Y	N	N	EW	Y		24 mo	7.5oz	7.5	213	170	6	3	50	29%	9%	16%	20mg	830	21	2	3	1%	8	4%	0%	2%	15%					
Sparkling Ice																																							
91030	Black Raspberry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
91031	Orange Mango	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
91032	Kiwi Strawberry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
91035	Lemonade	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
91037	Pink Grapefruit	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
91126	Pomegranate Blueberry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
94033	Coconut Pineapple	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
94034	Peach Nectarine	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95029	Strawberry Lemonade	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95084	Cherry Limeade	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95087	Strawberry Watermelon	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95211	Black Cherry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95268	Grape Raspberry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	0	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95923	Starburst Strawberry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	5	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95925	Starburst Orange	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	5	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
95927	Starburst Cherry	17oz	12		S	Y	Y	N	Y		Y	Y	12 mo	8oz	8	227	5	0	0	0	0%	0%	0%	0	0	0	0	0	0%	0	0%	0%	0%	0%					
The Switch-100% Juice																																							
312	Black Cherry	8oz	24	2 F	S	Y	Y	N	Y		Y		18 mo	8oz	8	227	120	0	0	0	0%	0%	0%	0	5	30	0	28	12%	0	0%	100%	0%	0%					
314	Orange Tangerine	8oz	24	2 F	S	Y	Y	N	Y		Y		18 mo	8oz	8	227	120	0	0	0	0%	0%	0%	0	5	30	0	28	12%	0	0%	100%	0%	0%					
315	Fruit Punch	8oz	24	2 F	S	Y	Y	N	Y		Y		18 mo	8oz	8	227	120	0	0	0	0%	0%	0%	0	5	30	0	28	12%	0	0%	100%	0%	0%					
316	Watermelon Strawberry	8oz	24	2 F	S	Y	Y	N	Y		Y		18 mo	8oz	8	227	120	0	0	0	0%	0%	0%	0	5	29	0	28	12%	0	0%	100%	0%	0%					
317	Kiwi Berry	8oz	24	2 F	S	Y	Y	N	Y		Y		18 mo	8oz	8	227	120	0	0	0	0%	0%	0%	0	5	30	0	28	12%	0	0%	100%	0%	0%					
Tree Top																																							
10561	Apple Crisps - Plain	.34oz	125	1 F	S	Y	Y	N	Y		Y	Y	12 mo	.34oz	0.34	10	40	0	0	0	0%	0%	0%	0	0	10	2	7	73%	0	0%	0%	0%	0%					
10560	Apple Crisps - Strawberry	.34oz	125	1 F	S	Y	Y	N	Y		Y	Y	12 mo	.34oz	0.34	10	40	0	0	0	0%	0%	0%	0	0	10	2	7	73%	0	0%	0%	0%	0%					
Tropicana																																							
21443	100% Tropicana Strawberry Kiwi Juice	10oz	15	2 1/4 F	S	Y	Y	N	Y		Y	N	6 mo	10oz	10	284	150	0	0	0	0%	0%	0%	0	25	38	0	32	11%	0	0%	120%	0%	0%					
21450	100% Tropicana Fruit Medley Juice	10oz	15	2 1/4 F	S	Y	Y	N	Y		Y	N	6 mo	10oz	10	284	140	0	0	0	0%	0%	0%	0	25	34	0	32	11%	0	0%	120%	2%	0%					
21467	100% Tropicana Strawberry Orange Juice	10oz	15	2 1/4 F	S	Y	Y	N	Y		Y	N	6 mo	10oz	10	284	160	0	0	0	0%	0%	0%	0	25	40	0	33	12%	0	0%	100%	2%	0%					
Welch's																																							
11441	Juicefuls - Mixed Fruit	1.15oz	144		S	Y	Y	N	Y		Y	N	9 mo	1.15	1.15	33	100	0	0	0	0%	0%	0%	0	5	24	2	11	34%	1	25%	25%	0%	0%					
14492	Fruit Snacks - Berries n' Cherries	1.5oz	144		S	Y	Y	N	Y		Y	N	9 mo	1.5oz	1.5	43	130	0	0	0	0%	0%	0%	0	15	32	3	15	35%	2	25%	100%	0%	0%					
14498	Fruit Snacks - Mixed																																						

*Listed by Manufacturer, in alphabetical order

Item #	Product Line	Size	Case
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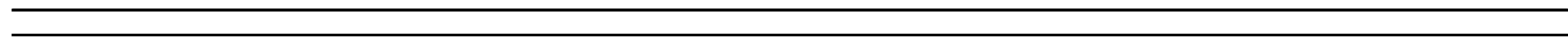
NSLP Meal Component	Smart Snack Compliant or compliant when Menued***	Peanut Free	Trans Fat Free	Product Contains Whole Grain*	Gluten Free	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Calcium RDI %	Iron RDI %
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% DV - 2000 cal	
Total Fat	65 g
Sat Fat	20 g
Choles	300 mg
Sodium	2400 mg
Total Carb	300 g
Fiber	25 g
Folate	0.4 mg
Vitamin A	0.6 mg
Vitamin C	60 mg
Iron	15 mg
Calcium	1000 mg

Calories per gram	
Fat	9
Carb	4
Protein	4

1 ounce =

28.35 grams



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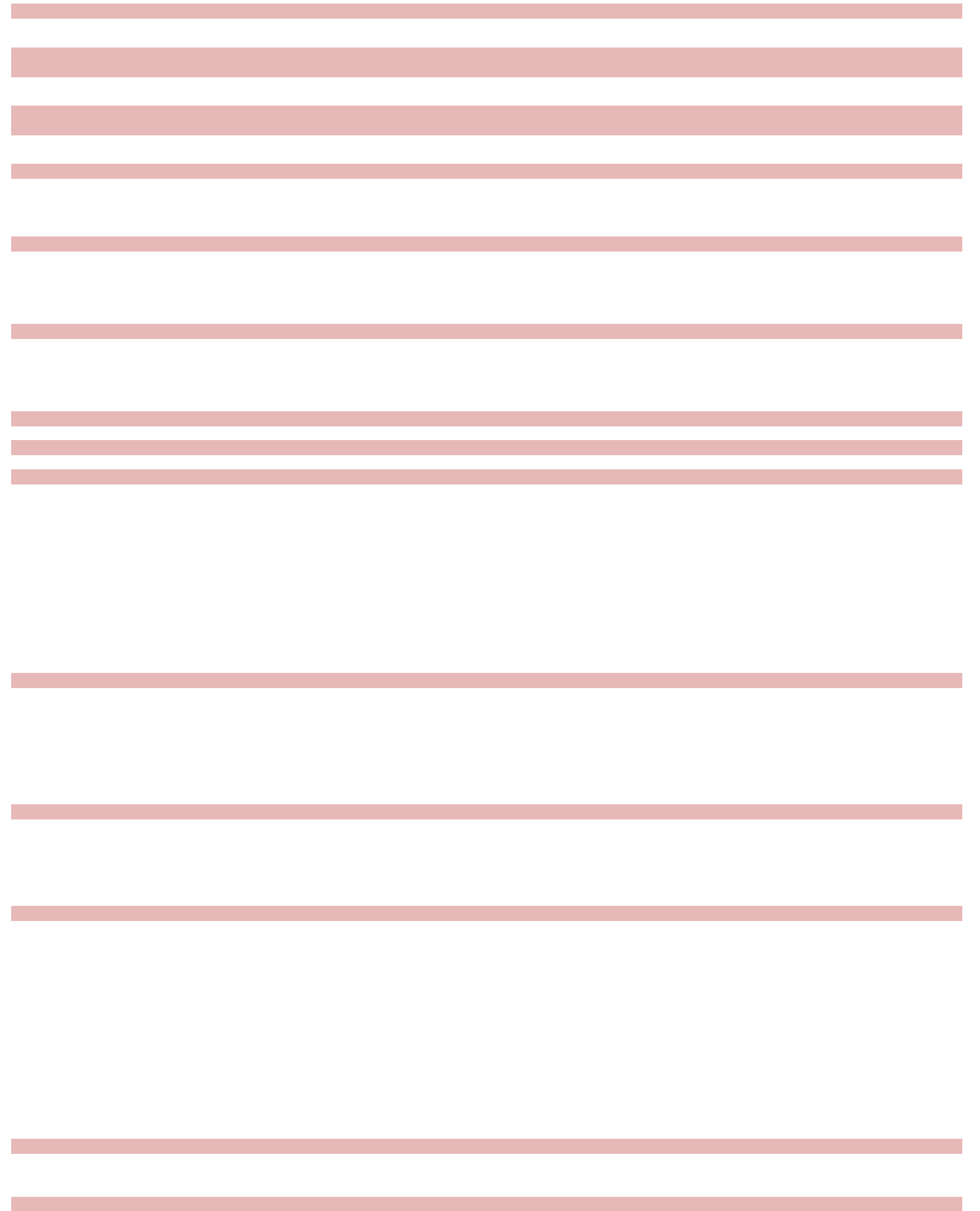
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