

# Switch Sparkling 100% Juice – 8oz.

Ala Carte Sales, Meets USDA regulations for a snack.  
8oz of 100% sparkling juice reimburses as 1 cup of fruit.  
Shelf Life – 18 months from manufacture date.

Fruit Punch  
Item #7C2480FP



| Nutrition Facts  |            |
|--|------------|
| 1 serving per container  |            |
| Serving size 1 Can   |            |
| Amount per serving   |            |
| <b>Calories</b>  | <b>120</b> |
| % Daily Value*   |            |
| <b>Total Fat</b> 0g  | <b>0%</b>  |
| <b>Sodium</b> 5mg  | <b>0%</b>  |
| <b>Total Carbohydrate</b> 30g  | <b>11%</b> |
| Total Sugars 28g   |            |
| <b>Protein</b> 0g  |            |
| Potassium 260mg  | 6%         |
| Vitamin C 60mg   | 70%        |
| Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, added sugars, vitamin D, calcium and iron. |            |
| *The % Daily Value in a serving of food, 2,000 calories a day is used for general nutrition advice.                          |            |

**INGREDIENTS:** Apple Juice (Carbonated Water, Apple Juice Concentrate), Grape Juice (Carbonated Water, Grape Juice Concentrate), Cherry Juice (Carbonated water, Cherry Juice concentrate), Carrot Juice (Carbonated Water, Carrot Juice Concentrate), Black Currant Juice (Carbonated Water, Black Currant Juice Concentrate), Pineapple Juice (Carbonated Water, Pineapple Juice Concentrate), Natural Flavors, Ascorbic Acid (Vitamin C), Citric Acid

*Bill Harrison*

Bill Harrison, Vice President -  
Commercial Sales

1/2/2025

