

COMMERCIAL FOOD SYSTEMS, INC.

2210 Enterprise Park Dr
Indianapolis, IN 46218
317-926-4237
800-283-7437

*Listed by Manufacturer, in alphabetical order

Item #	Product Line	Size	Case	NSLP Meal Component	Smart Snack Complaint or Complaint of Manufacturer**	Peanut Free	Trans Fat Free	Gluten Free	Product Contains Whole Grain*	Additional Allergens Present**	High Fructose Corn Syrup Free	Kosher	Shelf Life (from date of Mnf)	Serving Size	Ounces	Grams	Total Calories	Total Fat (g)	Total Saturated Fat (g)	Total Calories from Fat	% of Calories from Fat (35%)	% of Daily Fat (g)	% of Cal from Sat Fat (10%)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fiber (g)	Sugar (g)	% Sugar by weight (35%)	Protein (g)	Vitamin A RDI %	Vitamin C RDI %	Vitamin E RDI %	Calcium RDI %	Iron RDI %				
Breakfast on the Go Kits																																							
40001																																							
3915	Cinnamon Toasters	1.0oz	1	1 GB	S	Y	Y	Y	N	WS	Y	Y	10 mo	1oz	1	28	120	4	0	36	30%	6%	0%	0	150	21	1	6	21%	1	0%	0%		8%	25%				
7405	Strawberry Waffle Graham	1oz	1	1 GB	S	Y	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	3	0	25	23%	5%	0%	0	95	21	1	7	25%	2	6%	6%		2%	10%				
14523	Apple - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	WSE	Y	Y	6.33 oz	6.23	176	290	7	0	61	21%	11%	0%	0	255	57	2	27	15%	3	6%	66%		10%	35%			
40004																																							
31919	Reduced Sugar Reese's Puffs	1oz	1	1 GB	S	N	Y	Y	N	PW	Y	Y	9 mo	1oz	1	28	120	3	0	27	23%	5%	0%	0	160	21	1	9	32%	2	6%	6%		6%	10%				
7415	Maple Waffle Graham	1oz	1	1 GB	S	Y	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	3.5	0.5	30	27%	5%	4%	0	115	20	2	7	25%	2	6%	6%		2%	15%				
52179	Orange Tangerine - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	15	17	0	16	13%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	WS	Y	Y	6.33 oz	6.23	176	300	6.5	0.5	57	19%	10%	2%	0	290	58	3	32	18%	4	12%	72%		8%	25%			
40005																																							
31888	Reduced Sugar Cocoa Puffs	1.06oz	1	1 GB	S	Y	Y	Y	W	W	Y	Y	248 Days	1.06oz	1.06	29	110	1.5	0	15	14%	2%	0%	0	120	25	2	8	28%	2	10%	10%		10%	25%				
7415	Maple Waffle Graham	1oz	1	1 GB	S	Y	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	3.5	0.5	30	27%	5%	4%	0	115	20	2	7	25%	2	6%	6%		2%	15%				
88977	Grape - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	10	16	0	15	13%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	N	Y	N	Y	WSE	Y	N	6.33 oz	6.29	177	290	5	0.5	45	16%	8%	2%	0	245	61	4	30	17%	4	16%	76%		12%	40%			
40008																																							
27596	Marshmallow Mateys	1.0oz	1	1 GB	E	Y	Y	Y	N	W	Y	Y	9 mo	1oz	1	28	110	1.5	0	15	14%	2%	0%	0	270	22	2	6	21%	3	0%	0%		0%	25%				
7400	Honey Grahams - 3ct	1oz	1	1 GB	S	Y	Y	Y	N	W	N	Y	6 mo	1oz	1	28	110	3	0	30	27%	5%	0%	0	140	20	2	7	25%	2	6%	6%		0%	15%				
25216	Punch - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	W	N	N	6.23 oz	6.23	176	280	4.5	0	45	16%	7%	0%	0	420	57	4	27	15%	5	6%	66%		0%	40%			
40009																																							
31922	Reduced Sugar Trix	1oz	1	1 GB	S	Y	Y	Y			Y	Y	9 mo	1oz	1	28	110	1.5	0	14	13%	2%	0%	0	140	24	1	7	25%	1	10%	6%		10%	15%				
7415	Maple Waffle Graham	1oz	1	1 GB	S	Y	Y	Y	N	W	Y	Y	6 mo	1oz	1	28	110	3.5	0.5	30	27%	5%	4%	0	115	20	2	7	25%	2	6%	6%		2%	15%				
88579	Berry - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	100%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	W	N	N	6.23 oz	6.23	176	280	5	0.5	44	16%	8%	2%	0	265	59	3	28	16%	3	16%	112%		12%	30%			
40013																																							
55122	Pop Tart WG Frosted Cinnamon	1.76 oz	1	1 1/4 GB	S	Y	Y	N	Y	WS	Y	Y	8 mo	1.76 oz	1.76	50	180	2.5	1	25	14%	4%	5%	0	190	37	3	15	30%	2	10%	0%		10%	10%				
7400	Honey Grahams - 3ct	1oz	1	1 GB	S	Y	Y	Y	N	W	N	Y	6 mo	1oz	1	28	110	3	0	30	27%	5%	0%	0	140	20	2	7	25%	2	6%	6%		0%	15%				
88977	Grape - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	10	16	0	15	13%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	WSE	N	N	7.09 oz	6.99	198	360	5.5	1	55	15%	8%	3%	0	340	73	5	37	19%	4	16%	66%		10%	25%			
40014																																							
55130	Pop Tart WG Strawberry	1.76 oz	1	1 GB	S	Y	Y	Y	N	WS	Y	N	8 mo	1.76oz	1.76	50	180	2.5	1	25	14%	4%	5%	0	180	38	3	15	30%	2	10%	0%		10%	10%				
7400	Honey Grahams - 3ct	1oz	1	1 GB	S	Y	Y	Y	N	W	N	Y	6 mo	1oz	1	28	110	3	0	30	27%	5%	0%	0	140	20	2	7	25%	2	6%	6%		0%	15%				
88579	Berry - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	60	0	0	0	0%	0%	0%	0	10	15	0	14	12%	0	0%	100%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	WSE	N	N	7.09 oz	6.99	198	350	5.5	1	55	16%	8%	3%	0	330	73	5	36	18%	4	16%	106%		10%	25%			
40017																																							
7400	Kashi Cereal Pouch - Maple or Strawberry Banana	1oz	96	1 GB	S	Y	Y	Y	N	W	Y	Y	8 mo	1oz	1	28	100	1.5	0	15	15%	2%	0%	0	85	22	3	6	21%	3	0%	0%	0%	0%	4%				
7400	Honey Grahams - 3ct	1oz	1	1 GB	S	Y	Y	Y	N	W	N	Y	6 mo	1oz	1	28	110	3	0	30	27%	5%	0%	0	140	20	2	7	25%	2	6%	6%		0%	15%				
52179	Orange Tangerine - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	15	17	0	16	13%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y	WSE	N	N	6.6 oz	6.23	176	280	4.5	0	45	16%	7%	0%	0	240	59	5	29	16%	5	6%	66%		0%	19%			
40018																																							
12070	Pop Tart WG Frosted Fudge	1.76 oz	1	1 1/4 GB	S	Y	Y	Y	N	WS	Y	N	8 mo	1.76 oz	1.76	50	190	3	1	25	13%	5%	5%	0	200	38	3	15	30%	3	10%	0%		10%	10%				
7400	Honey Grahams - 3ct	1oz	1	1 GB	S	Y	Y	Y	N	W	N	Y	6 mo	1oz	1	28	110	3	0	30	27%	5%	0%	0	140	20	2	7	25%	2	6%	6%		0%	15%				
52179	Orange Tangerine - Small	4.23oz	1	1 F	S	Y	Y	N	Y		Y	Y	12 mo	4.23oz	4.23	120	70	0	0	0	0%	0%	0%	0	15	17	0	16	13%	0	0%	60%		0%	0%				
Totals				6.33oz	24	2 GB / 1 F	E	Y	Y	N	Y																												

*Listed by Manufacturer, in alphabetical order

Item #	Product Line	Size	Case

NSLP Meal Component
Smart Snack Compliant or Compliant when Menued**
Peanut Free
Trans Fat Free
Gluten Free
Product Contains Whole Grain*
Additional Allergens Present**
High Fructose Corn Syrup Free
Kosher
Shelf Life (from date of Mmf)
Serving Size
Ounces
Grams
Total Calories
Total Fat (g)
Total Saturated Fat (g)
Total Calories from Fat
% of Calories from Fat (35%)
% of Daily Fat (g)
% of Cal from Sat Fat (10%)
Cholesterol (mg)
Sodium (mg)
Total Carbohydrates (g)
Fiber (g)
Sugar (g)
% Sugar by weight (35%)
Protein (g)
Vitamin A RDI %
Vitamin C RDI %
Vitamin E RDI %
Calcium RDI %
Iron RDI %