K-12 regulatory documentation

Crediting Letter - 000000000032262000 (pdf)

Buy American Letter - 000000000032262000 (pdf)

Product ingredients

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Allergens & dietary information

Does Not Contain Declaration Obligatory Allergens

Because nutritional information can change, please see the physical product's packaging for the most up-to-date information relating to ingredients, nutrition facts, allergen statements and more.

Nutrition Facts

Serving Size

1 bowl

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Amount Per Serving	
Calories	**100**

Food Component / Nutrient	Amount As Packaged	% DV* As Packaged
Total Fat	2g	2%
Saturated Fat	0g	0%
Trans Fat	0g	—
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrate	21g	8%
Dietary Fiber	3g	11%
Soluble Fiber	1g	—
Total Sugars	1g	—
Incl. Added Sugars	1g	2%
Protein	4g	—
Vitamin D	2.8mcg	10%
Calcium	90mg	6%
Iron	9mg	50%
Potassium	180mg	4%
Vitamin A	—	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Food Component / Nutrient	Amount As Packaged	% DV* As Packaged
Vitamin C	—	6%
Thiamin	—	10%
Niacin	—	6%
Vitamin B6	—	10%
Folate	—	10%
Folic Acid	25mcg	—
Vitamin B12	—	10%
Zinc	—	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Suggested Recipes